

Chocoholics 2024

| Place | Name | Team | Bib No | Gender | Gun Time | Cat | Cat Place |
|-------|-----------------------|--------------------------|--------|--------|----------|-----------------------|-----------|
| 1 | ALED BREEZE | Maldwyn Harriers | 87 | M | 00:16:35 | Overall Male Runner | 1 |
| 2 | GWYNANT JONES | Maldwyn Harriers | 82 | M | 00:16:47 | Overall Male Runner | 2 |
| 3 | MATT BENSON | | 79 | M | 00:16:50 | Overall Male Runner | 3 |
| 4 | CONNOR MIDDLETON | Shrewsbury AC | 60 | M | 00:16:51 | Senior Male | 1 |
| 5 | CLIVE MORGAN | Maldwyn Harriers | 92 | M | 00:16:55 | Male 45 | 1 |
| 6 | HUW MCGRATH | | 143 | M | 00:17:19 | Senior Male | 2 |
| 7 | PHILLIP MORRIS | Builth & District | 56 | M | 00:17:37 | Male 45 | 2 |
| 8 | MADISON HUGHES | Maldwyn Harriers | 71 | F | 00:18:33 | Overall Female Runner | 1 |
| 9 | STEVE JONES | Maldwyn Harriers | 31 | M | 00:18:35 | Senior Male | 3 |
| 10 | SHELLEY CHILDS | Aberystwyth AC | 95 | M | 00:18:37 | Male 50 | 1 |
| 11 | CALLUM MORGAN | Maldwyn Harriers | 93 | M | 00:18:40 | Under 20 male | 1 |
| 12 | ADAM JONES | | 29 | M | 00:18:42 | Senior Male | 4 |
| 13 | JACK COPSON | | 11 | M | 00:18:47 | Senior Male | 5 |
| 14 | GARRY JONES | Maldwyn Harriers | 51 | M | 00:18:57 | Male 50 | 2 |
| 15 | MARK GREEN | | 58 | M | 00:19:21 | Male 35 | 1 |
| 16 | IWAN SMOUT | | 43 | M | 00:19:26 | Under 20 male | 2 |
| 17 | MARTIN COPUS | Maldwyn Harriers | 88 | M | 00:19:31 | Male 35 | 2 |
| 18 | HAYDN JONES | Shrewsbury AC | 30 | M | 00:19:35 | Male 60 | 1 |
| 19 | LUKE EARNSHAW | Meirionnydd Running Club | 16 | M | 00:19:36 | Male 45 | 3 |
| 20 | CHRIS BENSON | | 78 | M | 00:19:40 | Under 20 male | 3 |
| 21 | DANNY BEESON | Maldwyn Harriers | 7 | M | 00:19:41 | Senior Male | 6 |
| 22 | JONATHAN TURNER | | 89 | M | 00:19:54 | Under 20 male | 4 |
| 23 | HANNAH THOMAS | Maldwyn Harriers | 46 | F | 00:19:54 | Overall Female Runner | 2 |
| 24 | GARRY JERMAN | Maldwyn Harriers | 24 | M | 00:19:55 | Male 55 | 1 |
| 25 | PETER JERVIS | Maldwyn Harriers | 25 | M | 00:19:57 | Male 35 | 3 |
| 26 | HEFIN ROWLANDS | | 74 | M | 00:19:59 | Senior Male | 7 |
| 27 | GWERN AP RHOBAT | | 3 | M | 00:20:05 | Senior Male | 8 |
| 28 | STEVE DAVIES | Maldwyn Harriers | 14 | M | 00:20:06 | Male 35 | 4 |
| 29 | MADDISON GRIFFITHS | Maldwyn Harriers | 128 | F | 00:20:11 | Overall Female Runner | 3 |
| 30 | DEWI BRADLEY | | 53 | M | 00:20:14 | Under 20 male | 5 |
| 31 | DONNA MORRIS | Builth & District | 57 | F | 00:20:16 | Female 40 | 1 |
| 32 | TERRY-JOHN HUTCHINSON | | 180 | M | 00:20:24 | Male 45 | 4 |
| 33 | DAVID BAKER | | 5 | M | 00:20:26 | Male 45 | 5 |
| 34 | JOE SOUTHALL | Mercia Fell Runners | 61 | M | 00:20:40 | Senior Male | 9 |
| 35 | MATT MARSTON | | 107 | M | 00:20:49 | Male 35 | 5 |
| 36 | PHILLIP PUGH | Maldwyn Harriers | 156 | M | 00:20:53 | Male 35 | 6 |
| 37 | IESTYN ROWLANDS | Maldwyn Harriers | 63 | M | 00:21:00 | Under 20 male | 6 |
| 38 | JENNY EVANS | Maldwyn Harriers | 18 | F | 00:21:13 | Female 40 | 2 |
| 39 | OLLIE JONES | Maldwyn Harriers | 170 | M | 00:21:16 | Under 20 male | 7 |
| 40 | ALEX HOGG | | 23 | M | 00:21:23 | Male 40 | 1 |
| 41 | RICHARD FLUTTER | Meirionnydd Running Club | 20 | M | 00:21:25 | Male 55 | 2 |
| 42 | TOM ROWLANDS | Maldwyn Harriers | 67 | M | 00:21:33 | Male 65 | 1 |
| 43 | CHARLOTTE HEALY | Griffithstown Harriers | 22 | F | 00:21:57 | Female 35 | 1 |
| 44 | CLAIRE ABEL | Maldwyn Harriers | 97 | F | 00:22:15 | Female 45 | 1 |
| 45 | CATHERINE BRADLEY | Maldwyn Harriers | 54 | F | 00:22:31 | Female 40 | 3 |
| 46 | JAMES MILLS | Rhayader running club | 33 | M | 00:22:36 | Male 45 | 6 |
| 47 | LISA BOUCHER | Builth & District | 70 | F | 00:22:43 | Female 35 | 2 |
| 48 | CADEN DAVIES | Rhayader RC | 12 | M | 00:22:46 | Under 20 male | 8 |
| 49 | RICHARD ANDREWS | | 136 | M | 00:22:53 | Male 35 | 7 |
| 50 | ROB FRANCIS | Maldwyn Harriers | 68 | M | 00:22:54 | Male 45 | 7 |
| 51 | SIMON COOPER | Fylde Coast Runners | 10 | M | 00:22:58 | Male 40 | 2 |
| 52 | DEAN THOMAS | | 98 | M | 00:23:18 | Under 20 male | 9 |
| 53 | PETER JOHNSON | Mercia Fell Runners | 27 | M | 00:23:21 | Male 70 | 1 |
| 54 | RHODRI DAVIES | Maldwyn Harriers | 13 | M | 00:23:30 | Senior Male | 10 |
| 55 | JAMIE MAYERS | Maldwyn Harriers | 130 | M | 00:23:31 | Male 50 | 3 |
| 56 | JAMIE SIRCOM | | 148 | M | 00:23:40 | Male 50 | 4 |
| 57 | TOM DAVIES | Rhayader RC | 15 | M | 00:23:51 | Male 35 | 8 |
| 58 | JAYNE BREEZE | Maldwyn Harriers | 86 | F | 00:24:03 | Female 50 | 1 |
| 59 | DEBBIE CATTERMOLE | Meirionnydd Running Club | 9 | F | 00:24:04 | Female 60 | 1 |
| 60 | SUZANNE ROWLANDS | Maldwyn Harriers | 38 | F | 00:24:08 | Female 45 | 2 |
| 61 | RUTH STAFFORD | Maldwyn Harriers | 73 | F | 00:24:11 | Female 45 | 3 |
| 62 | COLE MOORE | | 59 | M | 00:24:31 | Under 20 male | 10 |

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|-------|----------------------|-------------------------|--------|--------|----------|-----------------|-----------|
| 63 | SOPHIA SPENCER-BURNS | | 45 | F | 00:24:38 | under 20 female | 1 |
| 64 | IFAN JONES | Maldwyn Harriers | 81 | M | 00:24:52 | Male 55 | 3 |
| 65 | OLIVIA SPENCER-BURNS | | 44 | F | 00:24:56 | under 20 female | 2 |
| 66 | PAUL MCCULLOUGH | Maldwyn Harriers | 32 | M | 00:25:19 | Male 45 | 8 |
| 67 | TELERI ROWLANDS | Maldwyn Harriers | 65 | F | 00:25:26 | under 20 female | 3 |
| 68 | IAN TOMLEY | | 48 | M | 00:25:28 | Male 55 | 4 |
| 69 | DAVID JOHNSON | | 50 | M | 00:25:31 | Senior Male | 11 |
| 70 | ANDREW SHERLOCK | Maldwyn Harriers | 42 | M | 00:25:35 | Male 55 | 5 |
| 71 | HELEDD ROWLANDS | Maldwyn Harriers | 64 | F | 00:25:42 | under 20 female | 4 |
| 72 | CHRIS COPUS | Maldwyn Harriers | 55 | M | 00:25:43 | Male 70 | 2 |
| 73 | LIZZE PARK | Oswestry Olympians | 66 | F | 00:25:48 | Female 50 | 2 |
| 74 | CARYS BREEZE | Maldwyn Harriers | 85 | F | 00:25:52 | Senior female | 1 |
| 75 | MACSEN JONES | | 83 | M | 00:26:08 | Under 20 male | 11 |
| 76 | DAVID SEYMOUR | felixstone road runners | 99 | M | 00:26:18 | Male 60 | 2 |
| 77 | ALAN BRIDSON | Builth & District | 8 | M | 00:26:47 | Male 40 | 3 |
| 78 | THERESA SHARLAND | Aberystwyth AC | 96 | F | 00:27:02 | Female 35 | 3 |
| 79 | LIZZE COCKLE | | 100 | F | 00:27:06 | Senior female | 2 |
| 80 | TIM SAUL | Maldwyn Harriers | 39 | M | 00:27:09 | Male 50 | 5 |
| 81 | SUE JOHNSON | Mercia Fell Runners | 28 | F | 00:27:15 | Female 70 | 1 |
| 82 | CAROLINE ORRELLS | Maldwyn Harriers | 35 | F | 00:27:34 | Female 65 | 1 |
| 83 | REECE MOLES | Maldwyn Harriers | 34 | M | 00:27:40 | Senior Male | 12 |
| 84 | KATIE ROWLANDS | | 75 | F | 00:27:41 | Senior female | 3 |
| 85 | ROSE THOMAS | Rhayader RC | 47 | F | 00:28:13 | Female 70 | 2 |
| 86 | GEORGINA FLETCHER | | 110 | F | 00:28:26 | Female 60 | 2 |
| 87 | ELERI EDWARDS | Lonely Goat RC | 17 | F | 00:28:36 | Female 40 | 4 |
| 88 | RAYMOND SHARRATT | Rhayader RC | 41 | M | 00:28:53 | Male 80 | 1 |
| 89 | SUE OWEN | Sunday striders | 80 | F | 00:29:05 | Female 50 | 3 |
| 90 | EMMA JONES | Maldwyn Harriers | 72 | F | 00:29:16 | Female 40 | 5 |
| 91 | CLAIRE BROOME | Ludlow Runners | 84 | F | 00:29:20 | Female 45 | 4 |
| 92 | JAN RICHARDS | Dollies | 120 | F | 00:30:03 | Female 50 | 4 |
| 93 | FFION HENERY | | 125 | F | 00:30:08 | Senior female | 4 |
| 94 | MAISE LOVE | Maldwyn Harriers | 77 | F | 00:31:28 | under 20 female | 5 |
| 95 | JAMIE LOVE | | 76 | M | 00:31:30 | Male 45 | 9 |
| 96 | BRYAN WATERS | | 162 | M | 00:31:44 | Under 20 male | 12 |
| 97 | HARRISON BRIDGEWATER | | 164 | M | 00:31:54 | Under 20 male | 13 |
| 98 | JOHN EVANS | Aberystwyth A C | 19 | M | 00:32:16 | Male 75 | 1 |
| 99 | DEREK PRICE | Rhayader RC | 37 | M | 00:32:44 | Male 65 | 2 |
| 100 | STEVE ORRELLS | Maldwyn Harriers | 36 | M | 00:33:26 | Male 70 | 3 |
| 101 | SANDRA BANFIELD | Dollies | 94 | F | 00:33:34 | Female 60 | 3 |
| 102 | SHIRLEY GREEN | | 188 | M | 00:33:51 | Male 65 | 3 |
| 103 | RUTH FRANCIS | Maldwyn Harriers | 21 | F | 00:33:56 | Female 70 | 3 |
| 104 | PAUL ARMES | Maldwyn Harriers | 4 | M | 00:34:19 | Male 55 | 6 |
| 105 | NIA NEWSON | | 91 | F | 00:34:30 | Senior female | 5 |
| 106 | MICHELLE PRICE | | 62 | F | 00:35:15 | Female 35 | 4 |
| 107 | BETH SAUNDERS | | 40 | F | 00:35:45 | Female 35 | 5 |
| 108 | TURNBULL JOHANNAH | | 26 | F | 00:35:46 | Female 35 | 6 |
| 109 | ANTHEA FRANCIS | Maldwyn Harriers | 69 | F | 00:36:07 | Female 45 | 5 |
| 110 | KAREN WILLIAMS | Maldwyn Harriers | 49 | F | 00:36:52 | Female 55 | 1 |
| 111 | KATY GODFELL | | 126 | F | 00:37:01 | Female 40 | 6 |
| 112 | CHLOE BEESON | Maldwyn Harriers | 6 | F | 00:37:02 | Senior female | 6 |
| 113 | PAUL WHIFFEN | | 90 | M | 00:39:15 | Male 40 | 4 |
| 114 | VAL STERN | | 129 | F | 00:53:47 | Female 85 | 1 |
| 115 | JILL HILLMAN | Maldwyn Harriers | 52 | F | 00:53:53 | Female 65 | 2 |

