**Gregynog Trail Run**

**PlaceName Team Bib No Gender Age Chip Time Gun Time Cat Cat Place**

1 ALED BREEZE Maldwyn Harriers 237 M 17 00:26:35 00:26:37 Overall Male Runner 1

2 CLIVE MORGAN Maldwyn Harriers 249 M 44 00:27:25 00:27:26 Overall Male Runner 2

3 MATHEW JONES 217 M 23 00:27:53 00:27:55 Overall Male Runner 3

4 CARL PHILLIPS Maldwyn Harriers 224 M 39 00:28:08 00:28:10 Male 35 1

5 MACKENZIE MCCOURT Maldwyn Harriers 258 F 15 00:30:52 00:30:54 Overall Female Runner 1

6 STEVE JONES Maldwyn Harriers 216 M 33 00:30:55 00:30:57 Seniior Male 1

7 NESTA MCCLUSKEY Maldwyn Harriers 221 F 46 00:33:31 00:33:35 Overall Female Runner 2

8 RYAN MCCLUSKEY Maldwyn Harriers 222 M 47 00:33:31 00:33:36 Male 45 1

9 JAMIE JONES 218 M 19 00:33:52 00:33:55 Under 20 male 1

10 DAVID BAKER 104 M 44 00:34:02 00:34:08 Male 40 1

11 ROB MARTIN Maldwyn Harriers 253 M 57 00:34:21 00:34:27 Male 55 1

12 TOM ROWLANDS Maldwyn Harriers 236 M 66 00:34:26 00:34:33 Male 65 1

13 DAVID MANUEL Maldwyn Harriers 255 M 50 00:34:33 00:34:38 Male 50 1

14 MARGO MARTIN Maldwyn Harriers 254 F 25 00:34:50 00:34:59 Overall Female Runner 3

15 JONATHAN TURNER 252 M 16 00:34:57 00:35:02 Under 20 male 2

16 HANNAH THOMAS Maldwyn Harriers 226 F 38 00:35:06 00:35:11 Female 35 1

17 RICHARD EVANS 212 M 41 00:35:17 00:35:27 Male 40 2

18 JENNY EVANS Maldwyn Harriers 211 F 42 00:35:28 00:35:33 Female 40 1

19 CATHERINE BRADLEY Maldwyn Harriers 164 F 40 00:36:05 00:36:09 Female 40 2

20 ROB FRANCIS Maldwyn Harriers 214 M 45 00:36:14 00:36:22 Male 45 2

21 RUTH STAFFORD Maldwyn Harriers 242 F 46 00:36:20 00:36:23 Female 45 1

22 GERAINT WINDSOR 232 M 42 00:37:12 00:37:20 Male 40 3

23 DAVE MCCOURT 259 M 49 00:37:52 00:38:00 Male 45 3

24 IFAN JONES Maldwyn Harriers 247 M 57 00:38:02 00:38:05 Male 55 2

25 CHARDONNAY MORGAN Maldwyn Harriers 248 F 14 00:38:03 00:38:07 under 20 female 1

26 CLAIRE ABEL Maldwyn Harriers 102 F 48 00:38:23 00:38:32 Female 45 2

27 JIMMY WILDE 231 M 54 00:38:41 00:38:49 Male 50 2

28 JO LEWIS Maldwyn Harriers 219 F 49 00:38:43 00:38:52 Female 45 3

29 JAYNE BREEZE Maldwyn Harriers 238 F 49 00:39:36 00:39:46 Female 45 4

30 RYAN SHEPPARD 225 M 29 00:39:42 00:39:53 Seniior Male 2

31 JAMIE MAYERS Maldwyn Harriers 263 M 51 00:40:18 00:40:22 Male 50 3

32 ANDREW SHERLOCK Maldwyn Harriers 234 M 54 00:41:12 00:41:16 Male 50 4

33 WILLIAMS RACHEL Maldwyn Harriera 243 F 53 00:41:28 00:41:37 Female 50 1

34 RHODRI DAVIES 205 M 25 00:41:45 00:41:53 Seniior Male 3

35 LOTTIE DUNN 257 F 27 00:42:29 00:42:36 Senior female 1

36 PAUL O'CONNELL 223 M 57 00:42:38 00:42:50 Male 55 3

37 JESS TURNER Shrewsbury AC 228 F 15 00:43:01 00:43:09 under 20 female 2

38 CHRIS COPUS Maldwyn Harriers 235 M 69 00:43:32 00:43:44 Male 65 2

39 RACHEL WOOD Maldwyn Harriers 233 F 38 00:43:42 00:43:51 Female 35 2

40 EMMA WILDE 230 F 49 00:43:45 00:43:55 Female 45 5

41 LIZZE PARK Oswestry Olympians 244 F 49 00:44:00 00:44:09 Female 45 6

42 TANIA BRANDON Oswestry Olympians 250 F 56 00:44:24 00:44:33 Female 55 1

43 SUZANNE KENDRICK Rhayader running club 245 F 60 00:45:46 00:45:57 Female 60 1

44 ROSE THOMAS Rhayader RC 227 F 71 00:46:36 00:46:47 Female 70 1

45 REBECCA BALDWIN 125 F 32 00:47:01 00:47:14 Senior female 2

46 SUE OWEN Sunday striders 241 F 49 00:47:17 00:47:24 Female 45 7

47 JOHN EVANS Aberystwyth AC 213 M 77 00:47:28 00:47:34 Male 75 1

48 ADELE BRIGHT Maldwyn Harriers 262 F 54 00:48:56 00:49:08 Female 50 2

49 GUNNER FLORA Croft Ambrey 239 F 60 00:49:06 00:49:14 Female 60 2

50 SHARON LLOYD Maldwyn Harriers 220 F 54 00:49:34 00:49:41 Female 50 3

51 SANDRA BANFIELD Dolly Mixtures 260 F 62 00:53:12 00:53:23 Female 60 3

52 RAY SHARRAT Rhayader RC 246 M 80 00:53:35 00:53:50 Male 80 1

53 PAUL WHIFFEN 251 M 41 00:53:54 00:54:08 Male 40 4

54 STEVE ORRELLS Maldwyn Harriers 240 M 70 00:59:11 00:59:24 Male 70 1

55 CATHY ELLIS Maldwyn Harriers 256 F 60 00:59:13 00:59:25 Female 60 4

56 CHRISTINE MARSHALL- Dolly 261 F 64 00:59:34 00:59:48 Female 60 5

SMART

57 SU WIGLEY Shropshire Shufflers 229 F 49 01:01:59 01:02:12 Female 45 8

58 JILL HILLMAN Maldwyn Harriers 215 F 65 01:01:57 01:02:12 Female 65 1

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