**Chocoholics 2023**

**PlaceName Team Bib No Gender Age Chip Time Gun Time Cat Cat Place**

1 ALED BREEZE Maldwyn Harriers 155 M 17 00:16:36 00:16:38 Overall Male Runner 1

2 BRUCE FANSHAWE Aldridge RC 124 M 31 00:16:54 00:16:56 Overall Male Runner 2

3 MATT BENSON 167 M 16 00:17:21 00:17:22 Overall Male Runner 3

4 HUW MCGRATH 193 M 32 00:17:38 00:17:40 Seniior Male 1

5 TOMOS ROBERTS Cardiff AC 178 M 27 00:17:59 00:18:01 Seniior Male 2

6 GRIFF HALLARD 163 M 31 00:18:04 00:18:06 Seniior Male 3

7 MADISON HUGHES Maldwyn Harriers 144 F 14 00:18:43 00:18:44 Overall Female Runner 1

8 SHELLEY CHILDS Aberystwyth AC 141 M 49 00:18:43 00:18:45 Male 45 1

9 GARRY JONES Maldwyn Harriers 146 M 51 00:18:43 00:18:45 Male 50 1

10 PAUL BOWES Shrewsbury AC 135 M 53 00:18:47 00:18:48 Male 50 2

11 STEVE DAVIES Maldwyn Harriers 110 M 38 00:19:03 00:19:07 Male 35 1

12 MACKENZIE MCCOURT Maldwyn Harriers 143 F 15 00:19:07 00:19:08 Overall Female Runner 2

13 WAYNE DAVIES Maldwyn Harriers 181 M 36 00:19:09 00:19:11 Male 35 2

14 JOEL ATKINSON 183 M 16 00:19:15 00:19:18 Under 20 male 1

15 GARRY JERMAN 162 M 56 00:19:26 00:19:29 Male 55 1

16 BEN BENSON 168 M 18 00:19:30 00:19:32 Under 20 male 2

17 DARREN JERMAN Maldwyn Harriers 197 M 46 00:19:35 00:19:37 Male 45 2

18 HAYDN JONES Shrewsbury AC 117 M 61 00:19:42 00:19:43 Male 60 1

19 JAMES JONES Builth & District 108 M 31 00:19:42 00:19:44 Seniior Male 4

20 RICHARD JONES Shrewsbury 174 M 60 00:19:47 00:19:49 Male 60 2

21 EMILY ATKINSON Haddington RC 182 F 14 00:19:57 00:19:59 Overall Female Runner 3

22 STEVE JONES Maldwyn Harriers 137 M 33 00:20:01 00:20:05 Seniior Male 5

23 OLLIE JONES Maldwyn Harriers 184 M 18 00:20:16 00:20:18 Under 20 male 3

24 DANNY BEESON Maldwyn Harriers 101 M 27 00:20:17 00:20:20 Seniior Male 6

25 KELSHAM HANNA Builth & District 139 M 54 00:20:19 00:20:21 Male 50 3

26 DAVID MANUEL Maldwyn Harriers 186 M 50 00:20:20 00:20:22 Male 50 4

27 MADDISON GRIFFITHS Maldwyn Harriers 154 F 17 00:20:29 00:20:32 under 20 female 1

28 MATT MARSTON 200 M 35 00:20:36 00:20:41 Male 35 3

29 DEWI BRADLEY 153 M 12 00:20:43 00:20:46 Under 20 male 4

30 EDWARD DAVIES Maldwyn Harriers 203 M 67 00:20:50 00:20:52 Male 65 1

31 STEPHEN OWEN 138 M 49 00:20:51 00:20:53 Male 45 3

32 OLIVIA MORGAN Maldwyn Harriers 145 F 13 00:20:58 00:20:59 under 20 female 2

33 RICHARD FLUTTER Meirionnydd Running Club 106 M 55 00:21:01 00:21:03 Male 55 2

34 JENNY EVANS Maldwyn Harriers 109 F 42 00:21:02 00:21:06 Female 40 1

35 JAKE BEESON Maldwyn Harriers 192 M 20 00:21:05 00:21:07 Seniior Male 7

36 TERRY-JOHN HUTCHINSON 142 M 45 00:21:08 00:21:13 Male 45 4

37 STEVEN MESHAM 150 M 51 00:21:24 00:21:28 Male 50 5

38 SARAH DENTON Lonely Goat RC 131 F 52 00:21:29 00:21:33 Female 50 1

39 PHILLIP PUGH 208 M 36 00:21:40 00:21:42 Male 35 4

40 JONATHAN BENSON 166 M 46 00:21:57 00:22:00 Male 45 5

41 JONATHAN UNKNOWN 202 M 16 00:22:07 00:22:07 Under 20 male 5

42 CLAIRE ABEL Maldwyn Harriers 133 F 48 00:22:05 00:22:08 Female 45 1

43 WOODY JONES 190 M 13 00:22:26 00:22:30 Under 20 male 6

44 PETER JOHNSON Mercia Fell Runners 120 M 70 00:22:29 00:22:31 Male 70 1

45 DEBBIE CATTERMOLE Meirionnydd Running Club 107 F 59 00:22:39 00:22:44 Female 55 1

46 SARAH CORDINGLEY Maldwyn Harriers 111 F 41 00:22:56 00:22:59 Female 40 2

47 MIKE HODSON Bramhall Runners 132 M 51 00:22:56 00:22:59 Male 50 6

48 MARK PAVIOUR Maldwyn Harriers 105 M 60 00:22:56 00:22:59 Male 60 3

49 CATHERINE BRADLEY Maldwyn Harriers 130 F 40 00:22:57 00:23:00 Female 40 3

50 TOM KIRKHAM Maldwyn Harriers 185 M 0 00:23:11 00:23:16 Under 20 male 7

51 RUTH STAFFORD Maldwyn Harriers 172 F 46 00:23:21 00:23:23 Female 45 2

52 SUZANNE ROWLANDS Maldwyn Harriers 113 F 48 00:23:32 00:23:35 Female 45 3

53 JO LEWIS Maldwyn Harriers 128 F 49 00:23:32 00:23:37 Female 45 4

54 JACK JERMAN 194 M 11 00:23:34 00:23:39 Under 20 male 8

55 HELEN OWEN Maldwyn Harriers 187 F 52 00:23:36 00:23:42 Female 50 2

56 IAN TOMLEY SYTRI 177 M 58 00:23:38 00:23:43 Male 55 3

57 GLENN THOMAS Malwyn Harriers 157 M 39 00:23:40 00:23:45 Male 35 5

58 HANNAH THOMAS Maldwyn Harriers 122 F 38 00:23:44 00:23:50 Female 35 1

59 ROB FRANCIS Maldwyn Harriers 180 M 45 00:23:48 00:23:51 Male 45 6

60 JAYNE BREEZE Maldwyn Harriers 158 F 49 00:24:33 00:24:40 Female 45 5

61 RACHEL WOOD Maldwyn Harriers 160 M 38 00:24:42 00:24:47 Male 35 6

62 SUSAN BOWES Shropshire Shufflers 123 F 52 00:24:46 00:24:50 Female 50 3

***Printed: 07/04/2023 15:25:25 Page: 1 of 2***

***Chocoholics 2023***

***PlaceName Team Bib No Gender Age Chip Time Gun Time Cat Cat Place***

*63 SIAN KNOWLES Monty Movers 179 F 47 00:24:56 00:25:01 Female 45 6*

*64 MITCHELL DAVIES 165 M 27 00:24:57 00:25:06 Seniior Male 8*

*65 DAVID JOHNSON 198 M 31 00:25:07 00:25:14 Seniior Male 9*

*66 CHRIS WHEELAN 176 M 38 00:25:10 00:25:16 Male 35 7*

*67 STEPH MAIN croft Ambrey Rc 161 F 51 00:25:17 00:25:21 Female 50 4*

*68 DAVID SEYMOUR felixstone road runners 207 M 63 00:25:17 00:25:21 Male 60 4*

*69 JANET STUART Lonely Goat RC 121 F 57 00:25:46 00:25:56 Female 55 2*

*70 ANDREW SHERLOCK Maldwyn Harriers 147 M 54 00:25:52 00:25:56 Male 50 7*

*71 CARYS BREEZE Maldwyn Harriers 156 F 19 00:25:50 00:25:58 under 20 female 3*

*72 CHRIS COPUS Maldwyn Harriers 159 M 69 00:26:08 00:26:15 Male 65 2*

*73 JILL HILLMAN Maldwyn Harriers 169 F 65 00:26:25 00:26:30 Female 65 1*

*74 ROSS PALLETT 126 M 31 00:26:30 00:26:35 Seniior Male 10*

*75 TANIA BRANDON Oswestry Olympians 136 F 56 00:26:39 00:26:45 Female 55 3*

*76 REECE MOLES Maldwyn Harriers 164 M 31 00:27:03 00:27:10 Seniior Male 11*

*77 ELERI EDWARDS Lonely Goat RC 127 F 40 00:27:28 00:27:35 Female 40 4*

*78 JANET MESHAM 151 F 58 00:27:32 00:27:37 Female 55 4*

*79 REBECCA OSHEA Maldwyn Harriers 201 F 53 00:27:32 00:27:38 Female 50 5*

*80 SEREN JERMAN 195 F 13 00:27:50 00:27:54 under 20 female 4*

*81 RAY SHARRAT Rhayader RC 149 M 80 00:28:03 00:28:10 Male 80 1*

*82 LUKE JONES 170 M 36 00:28:06 00:28:14 Male 35 8*

*83 HELEN DAVIES Dolly Mixtures 191 F 54 00:28:21 00:28:28 Female 50 6*

*84 SUE JOHNSON Mercia Fell Runners 119 F 69 00:28:24 00:28:33 Female 65 2*

*85 THERESA SHARLAND Aberystwyth AC 140 F 39 00:28:35 00:28:41 Female 35 2*

*86 JOHN EVANS Aberystwyth AC 129 M 77 00:28:47 00:28:55 Male 75 1*

*87 SHARON LLOYD Maldwyn Harriers 118 F 54 00:28:57 00:29:04 Female 50 7*

*88 LAUIRA POWELL 152 F 36 00:29:30 00:29:34 Female 35 3*

*89 SUE OWEN Sunday striders 209 F 49 00:29:39 00:29:42 Female 45 7*

*90 EVIE MARSHALL 175 F 14 00:29:42 00:29:48 under 20 female 5*

*91 LINAA MORRELL Dolly Mixtures 188 F 63 00:29:55 00:30:01 Female 60 1*

*92 NIKKI JERMAN Maldwyn Harriers 196 F 48 00:30:32 00:30:39 Female 45 8*

*93 CEINWEN BURNSIDE 134 F 58 00:30:57 00:31:05 Female 55 5*

*94 MARK BAMBER 205 M 60 00:31:07 00:31:13 Male 60 5*

*95 GERARD OSHEA 204 M 45 00:31:07 00:31:13 Male 45 7*

*96 LIZZE COCKLE 199 F 33 00:31:49 00:31:55 Senior female 1*

*97 EMMA WILDE 112 F 49 00:31:59 00:32:07 Female 45 9*

*98 KIM SULWAY 116 F 63 00:31:58 00:32:07 Female 60 2*

*99 VANESSA THOMAS Dolly Mixtures 189 F 55 00:32:19 00:32:26 Female 55 6*

*100 SANDRA BANFIELD Dollies 173 F 62 00:32:51 00:32:57 Female 60 3*

*101 ABBEY FARRINGTON Maldwyn Harriers 115 F 28 00:33:27 00:33:36 Senior female 2*

*102 CHLOE FOSTER Maldwyn Harriers 114 F 27 00:34:03 00:34:14 Senior female 3*

*103 ANDREA BLAYNEY 206 F 57 00:34:39 00:34:48 Female 55 7*

*104 KERRY JOHNSON 171 F 34 00:35:36 00:35:44 Senior female 4*

*105 VAL STERN 148 F 84 00:52:01 00:52:01 Female 80 1*

*106 CAROLINE ORRELLS Maldwyn Harriers 103 F 65 00:52:01 00:52:01 Female 65 3*

***Printed: 07/04/2023 15:25:25 Page: 2 of 2***