

Gregynog 2017**4th June****Category winners**

Male	Forename	Surname	Club	Time
M1	Matt	Hall	Shrewsbury AC	27.13
M2	Tim	Davies	Maldwyn Harriers	28.29
M3	Clive	Morgan	Maldwyn Harriers	28.30
MU20	Kaya	Saul	Maldwyn Harriers	32.22
Msnr	Steve	Waters	Shrewsbury AC	29.30
MV35	Dan	George	Maldwyn Harriers	35.29
MV40	Darren	Jarman	Maldwyn Harriers	31.53
MV45	Ian	Lowe	Oswestry Olympians	30.16
MV50	Gary	Jerman	u/a	31.58
MV55	Haydn	Jones	Shrewsbury AC	33.16
MV60	Edward	Davies	Maldwyn Harriers	32.23
MV65	no runner			
MV70	Ray	Sharratt	Rhayader AC	46.26
MV75	no runner			
MV80	no runner			

Female

F1	Jacqui	Loxam	Maldwyn Harriers	34.37
F2	Jenny	Evans	Maldwyn Harriers	34.55
F3	Shana	Stewardson	Bridgenorth	36.12
FU20	Carys	Breeze	Maldwyn Harriers	44.27
Fsnr	Lizzie	Cockle	Maldwyn Harriers	37.59
FV35	Sarah	Cordingley	u/a	40.33
FV40	Karen	Jones	Maldwyn Harriers	43.57
FV45	Tracey	Hughes	Maldwyn Harriers	45.53
FV50	Tanya	Brandon	Oswestry Olympians	38.36
FV55	Gill	Evans	Shrewsbury AC	39.04
FV60	Helen	Stretch	Aberystwyth AC	48.23
FV65	Rose	Thomas	Rhayader AC	43.12
FV70	Marjorie	Griffiths	Bro Dysynni AC	64.55
FV75	no runner			
FV80	Sheila	Symonds	Meirionydd	76.15

Overall Finish

	Forename	Surname	Club	Gender	Age	No.	Time
1	Matt	Hall	Shrewsbury AC	m	Snr	107	27.13
2	Tim	Davies	Maldwyn Harriers	m	v35	121	28.29
3	Clive	Morgan	Maldwyn Harriers	m	v35	132	28.30
4	Steve	Waters	Shrewsbury AC	m	Snr	108	29.30
5	Todd	Tanner	Maldwyn Harriers	m	Snr	150	30.15
6	Ian	Lowe	Oswestry Olympians	m	v45	110	30.16
7	Steve	Turk	Shrewsbury AC	m	v45	163	31.49
8	Darren	Jarman	Maldwyn Harriers	m	v40	156	31.53

9	Lee	Orrells	Maldwyn Harriers	m	Snr	112	31.54
10	Gary	Jerman	u/a	m	v50	140	31.58
11	Kaya	Saul	Maldwyn Harriers	m	U20	146	32.22
12	Edward	Davies	Maldwyn Harriers	m	v60	104	32.23
13	Lee	Shackleton	Maldwyn Harriers	m	v50	128	32.32
14	Bryan	Arthur	Maldwyn Harriers	m	v50	109	32.40
15	Haydn	Jones	Shrewsbury AC	m	v55	145	33.16
16	Matt	Bishop	u/a	m	v45	154	34.13
17	Jacqui	Loxam	Maldwyn Harriers	f	v35	147	34.37
18	Rhys	Jenkins	Maldwyn Harriers	m	Snr	161	34.43
19	Jenny	Evans	Maldwyn Harriers	f	v35	158	34.55
20	Paul	Pritchard	u/a	m	v45	115	35.12
21	David	Manuel	Maldwyn Harriers	m	v40	169	35.17
22	Dan	George	Maldwyn Harriers	m	v35	166	35.29
23	Paul	Thomas	Maldwyn Harriers	m	v50	160	35.46
24	Shana	Stewardson	Bridgenorth	f	U20	101	36.12
25	Kevin	Jones	Maldwyn Harriers	m	v40	114	36.53
26	Lizzie	Cockle	Maldwyn Harriers	f	Snr	162	37.59
27	Alun	Jenkins	Rhayader AC	m	v50	155	38.34
28	Tanya	Brandon	Oswestry Olympians	f	v50	135	38.36
29	Gill	Evans	Shrewsbury AC	f	v55	164	39.04
30	Martin	Copus	Maldwyn Harriers	m	Snr	130	39.34
31	Reece	Moles	Maldwyn Harriers	m	Snr	157	39.35
32	Ollie	Jones	Maldwyn Harriers	m	U20	126	39.37
33	Alan	Jones	Bro Dysynni AC	m	v55	167	40.02
34	Rhidian	Wilson	u/a	m	v45	133	40.30
35	Sarah	Cordingley	u/a	f	v35	141	40.33
36	Rachel	Butler	Maldwyn Harriers	f	v50	118	41.18
37	Emma	Stewardson	Ludlow Runners	f	v35	102	41.26
38	Helen	Lewis	u/a	f	v35	106	42.15
39	Andre	Hutchinson	Maldwyn Harriers	f	v50	129	43.04
40	Rose	Thomas	Rhayader AC	f	v65	103	43.12
41	Will	Wardell	u/a	m	Snr	116	43.25
42	Karen	Jones	Maldwyn Harriers	f	v40	148	43.57
43	Jacqui	Leary	Maldwyn Harriers	f	v40	149	43.58
44	Rachel	Williams	Maldwyn Harriers	f	Snr	113	44.13
45	Carys	Breeze	Maldwyn Harriers	f	U20	127	44.27
46	Chris	Copus	Maldwyn Harriers	m	v60	120	44.30
47	Jill	Hillman	Maldwyn Harriers	f	v55	152	44.33
48	Jayne	Breeze	u/a	f	v40	111	44.35
49	D	Gordon	u/a	m	v55	165	45.07
50	Ben	Wood	Maldwyn Harriers	m	Snr	125	45.47
51	Tracey	Hughes	Maldwyn Harriers	f	v45	153	45.53
52	Sharon	Lloyd	Maldwyn Harriers	f	v45	105	46.08
53	Ray	Sharratt	Rhayader AC	m	v70	119	46.26
54	Janet	Shanahan	Maldwyn Harriers	f	v50	168	46.46
55	Donna	Griffiths	Maldwyn Harriers	f	v45	170	46.53
56	John G	Evans	Aberystwyth AC	m	V70	122	46.59
57	Helen	Stretch	Aberystwyth AC	f	v60	143	48.23
58	Emma	Jones	Maldwyn Harriers	f	v35	151	49.07

59	Amy	Lewis	u/a	f	v35	138	50.00
60	Rachel	Williams	u/a	f	v45	131	51.10
61	Charlotte	Bloor	Maldwyn Harriers	f	v50	123	53.41
62	Gemma	Beddoes	u/a	f	v35	137	53.52
63	Sarah	Morgan	u/a	f	v35	139	54.19
64	Rachel	Wardell	u/a	f	v45	117	55.43
65	Shan	Breeze	Aberystwyth AC	f	v55	142	58.17
66	Sandra	Banfield	Dolly Mixtures	f	v55	136	60.00
67	Amanda	Callery	u/a	f	v50	134	60.01
68	Marjorie	Griffiths	Bro Dysynni AC	f	v70	144	64.55
69	Sue	Callery	u/a	f	v45	159	67.34
70	Sheila	Symonds	Meirionydd	f	v80	800	76.15
71	Sue	Carroll	Maldwyn Harriers	f	v55	124	76.17

10k Fun Run

						No.	Time
1	Callum	Morgan		m		666	3.37
2	Aled	Breeze		m		661	3.49
3	Will	Owen		m		669	4.12
4	Piper	Lloyd		f		659	4.18
5	Tirion	Wilson		f		668	4.21
6	Libby	Loxam		f		662	4.21
7	Caitlyn	Bloor		f		665	4.21
8	Sophia	Evans		f		664	4.41
9	Evie	Marshall		f		670	4.54
10	Chardonay	Morgan		f		667	4.56
11	Seb	Loxam		m		663	6.21
12	Florence	Jones		f		671	6.23

