

**Chocoholics 2017****14<sup>th</sup> April****Category winners**

<b>Male</b>	<b>Forename</b>	<b>Surname</b>	<b>Club</b>	<b>Time</b>
m1	Rob	Kerr	Sytri	17.09
m2	Todd	Tanner	Maldwyn Harriers	17.29
m3	Neil	Godsell	Maldwyn Harriers	17.48
munder 20	Carwyn	Owen	Maldwyn Harriers	19.32
m senior	Hefin	Rowlands	Maldwyn Harriers	18.18
mv35	Phil	Morris	u/a	18.03
mv40	Tim	Tansley	Oswestry Olympians	18.25
mv45	Ian	Lowe	Oswestry Olympians	18.10
mv50	Richard	Jones	Shrewsbury AC	18.58
mv55	Haydn	Jones	Shrewsbury AC	20.13
mv60	Edward	Davies	Maldwyn Harriers	19.38
mv65	no runner			
mv70	Clive	Evans	Emlynath	26.13
mv75	no runner			
mv80	no runner			

**Female**

f1	Lauren	Morley	Shrewsbury AC	19.52
f2	Jenny	Evans	Maldwyn Harriers	20.34
f3	Shana	Stewardson	Bridgnorth	21.34
funder 20	Rhiannon	Tansley	Oswestry Olympians	23.51
f senior	Lizzie	Cockle	Maldwyn Harriers	22.30
fv35	Emma	Stewardson	Ludlow Runners	24.18
fv40	Suzanne	Rowlands	u/a	23.50
fv45	Donna	Griffiths	Maldwyn Harriers	27.01
fv50	Susan	Davies	Croft Ambrey	23.04
fv55	Georgina	Fletcher	Maldwyn Harriers	26.14
fv60	no runner			
fv65	Rose	Thomas	Rhayader AC	25.45
fv70	no runner			
fv75	Brenda	Jones	Bro Dysynni AC	29.28
fv80	Sheila	Symonds	Meirionydd	43.13

**Overall Finish**

	<b>Forename</b>	<b>Surname</b>	<b>Club</b>	<b>Gender</b>	<b>age</b>	<b>no.</b>	<b>time</b>
1	Rob	Kerr	Sytri	m	v35	655	17.09
2	Todd	Tanner	Maldwyn Harriers	m	Snr	614	17.29
3	Neil	Godsell	Maldwyn Harriers	m	v35	619	17.48
4	Phil	Morris	u/a	m	v35	783	18.03
5	Ian	Lowe	Oswestry Olympians	m	v45	787	18.10
6	Hefin	Rowlands	Maldwyn Harriers	m	Snr	798	18.18
7	Tim	Tansley	Oswestry Olympians	m	v40	764	18.25
8	Anthony	Powell	Maldwyn Harriers	m	v40	767	18.36
9	Alastair	Carter	u/a	m	Snr	609	18.52
10	Richard	Jones	Shrewsbury AC	m	v50	631	18.58

11	Stuart	Edwards	u/a	m	v35	602	19.16
12	Jos	Jones	Swansea Harriers	m	v40	753	19.22
13	Bryan	Arthur	Maldwyn Harriers	m	v50	768	19.23
14	Carwyn	Owen	Maldwyn Harriers	m	U20	626	19.32
15	Edward	Davies	Maldwyn Harriers	m	v60	654	19.38
16	Gary	Jones	u/a	m	v45	625	19.44
17	Peter	Crowther	Aberystwyth AC	m	v60	750	19.45
18	Lauren	Morley	Shrewsbury AC	f	Snr	701	19.52
19	Garry	Jerman	u/a	m	v50	773	19.53
20	Haydn	Jones	Shrewsbury AC	m	v55	630	20.13
21	Dan	George	Maldwyn Harriers	m	v35	646	20.26
22	Kaya	Saul	Maldwyn Harriers	m	U20	792	20.31
23	Jenny	Evans	Maldwyn Harriers	f	v35	789	20.34
24	Paul	Thomas	Maldwyn Harriers	m	v50	620	20.37
25	Stephen	Roberts	Oswestry Olympians	m	v60	796	20.41
26	David	Manuel	Maldwyn Harriers	m	v40	627	20.44
27	Rhys	Jenkins	Maldwyn Harriers	m	Snr	658	20.48
28	Steven	Smith	Rhayader AC	m	v35	610	21.09
29	Shana	Stewardson	Bridgenorth	f	U20	770	21.34
30	Chris	Hill	u/a	m	v40	774	21.42
31	Martin	Green	Maldwyn Harriers	m	v60	775	21.45
32	Kevin	Jones	Maldwyn Harriers	m	v40	781	21.48
33	Reece	Moles	Maldwyn Harriers	m	Snr	651	22.11
34	Martin	Copus	Maldwyn Harriers	m	Snr	759	22.12
35	R	Titcombe	u/a	m	v50	624	22.15
36	Lizzie	Cockle	Maldwyn Harriers	f	Snr	636	22.30
37	Andrew	Sherlock	Maldwyn Harriers	m	v45	777	22.42
38	Mark	Paviour	Croft Ambrey	m	v50	785	22.55
39	Susan	Davies	Croft Ambrey	f	v50	786	23.04
40	Ken	Toop	u/a	m	v50	642	23.09
41	Jake	Beeson	Maldwyn Harriers	m	U20	758	23.10
42	Ollie	Jones	Maldwyn Harriers	m	U20	780	23.13
43	Tanya	Brandon	Oswestry Olympians	f	v50	782	23.17
44	Graeme	Stringer	Meirionydd	m	v50	793	23.27
45	Ifan	Jones	Maldwyn Harriers	m	v50	644	23.43
46	Peter	Jenkins	u/a	m	v35	799	23.47
47	Suzanne	Rowlands	u/a	f	v40	635	23.50
48	Rhiannon	Tansley	Oswestry Olympians	f	U20	763	23.51
49	Tayla	Trigg	Maldwyn Harriers	f	U20	641	23.53
50	Demi	Williams	Oswestry Olympians	f	U20	761	24.05
51	Duncan	Sircom	u/a	m	v40	623	24.17
52	Emma	Stewardson	Ludlow Runners	f	v35	771	24.18
53	Steve	Orrells	Maldwyn Harriers	m	v60	622	24.18
54	Alan	Jones	Bro Dysynni AC	m	v55	765	24.35
55	Rachel	Butler	Maldwyn Harriers	f	v50	605	24.44
56	Chris	Copus	Maldwyn Harriers	m	v60	762	24.52
57	Terry	Leah	u/a	m	v40	752	24.55
58	Ben	Wood	Maldwyn Harriers	m	Snr	634	25.03
59	Amber	Shanahan	Maldwyn Harriers	f	Snr	617	25.05
60	Carys	Breeze	Maldwyn Harriers	f	U20	606	25.10
61	Rachel	Williams	Maldwyn Harriers	f	Snr	633	25.14
62	Nia	Davies	u/a	f	Snr	749	25.16

63	Rachel	Edwards	u/a	f	Snr	604	25.19
64	Rose	Thomas	Rhayader AC	f	v65	772	25.45
65	Karen	Jones	Maldwyn Harriers	f	v40	649	26.06
66	Clive	Evans	Emlynath	m	v70	795	26.13
67	Georgina	Fletcher	Maldwyn Harriers	f	v55	652	26.14
68	Janice	Thomas	Maldwyn Harriers	f	v55	629	26.19
69	Jill	Hillman	Maldwyn Harriers	f	v55	612	26.28
70	Ray	Sharratt	Rhayader AC	m	v70	611	26.31
71	Nicola	Morris	Rhayader AC	f	Snr	766	26.42
72	Amren	Stephenson	Maldwyn Harriers	m	U20	647	26.51
73	Donna	Griffiths	Maldwyn Harriers	f	v45	650	27.01
74	Kerry	Roderick	u/a	f	Snr	601	27.10
75	Janice	Shanahan	Maldwyn Harriers	f	v50	628	27.26
76	Jayne	Breeze	u/a	f	v40	607	27.39
77	Harry	Roderick	u/a	m	Snr	603	28.17
78	Emma	Jones	Maldwyn Harriers	f	v35	779	28.18
79	Cheryl	Morris	Maldwyn Harriers	f	v45	632	28.32
80	Helen	Owen	Maldwyn Harriers	f	v40	756	28.40
81	Jacqui	Lloyd	Maldwyn Harriers	f	v65	613	28.40
82	Fiona	Jones	Maldwyn Harriers	f	Snr	640	29.02
83	Lucy	Ferguson	Maldwyn Harriers	f	v35	639	29.03
84	Kim	Evans	Dolly Mixtures	f	Snr	797	29.07
85	Sharon	Lloyd	Maldwyn Harriers	f	v45	790	29.15
86	Michelle	Beeson	Maldwyn Harriers	f	v45	757	29.20
87	Brenda	Jones	Bro Dysynni AC	f	v75	755	29.28
88	Sharon	Davies	Dolly Mixtures	f	v35	794	29.34
89	Emma	Sofianos	Maldwyn Harriers	f	v40	788	29.51
90	Shirley	Green	Maldwyn Harriers	f	v55	645	29.58
91	Amy	Jarvie	Tewkesbury Running Club	f	Snr	637	30.17
92	Diarmnid	Flood	u/a	m	v50	657	30.41
93	Fflur	Roberts	Dolly Mixtures	f	v35	648	30.53
94	Donna	Leah	u/a	f	v40	751	31.06
95	Julia	Gorman	u/a	f	v40	656	31.06
96	Sioned	Griffiths	u/a	f	v35	769	31.22
97	Hazel	Lewis	Rhayader AC	f	v40	754	31.44
98	Marilyn	Hunt	SYTRI	f	v45	784	32.10
99	Emma	Leah	Maldwyn Harriers	f	v35	776	32.42
100	Marion	Jacques	u/a	f	v40	653	32.42
101	Grace	Hough	Shrewsbury AC	f	v65	760	33.01
102	Caroline	Orrells	Maldwyn Harriers	f	v55	621	33.57
103	Katie	Godsell	u/a	f	Snr	618	35.43
104	Sandra	Banfield	Dolly Mixtures	f	v55	608	35.48
105	Diane	Jones	Maldwyn Harriers	f	v45	643	35.51
106	Rebecca	Carrol-Lees	u/a	f	v35	778	36.35
107	Alison	Stephens	u/a	f	v45	791	37.48
108	Andrea	Burton	Just Move	f	Snr	615	38.55
109	Charlie	Gough	Just Move	f	Snr	616	38.56
110	Teresa	Griffin	u/a	f	v65	638	40.06
111	Sheila	Symonds	Meirionydd	f	v80	800	43.13

## Fun Run

**Choco Fun Run**

	<b>No</b>				<b>Time</b>
1	17	Cerwyn	Hayes-Gamble	m	6.03
2	34	Aled	Breeze	m	6.10
3	37	Maddie	Griffiths	f	6.23
4	2	Freddie	Murton-Jones	m	6.47
5	25	Will	Stead	m	6.58
6	22	Sarah	Parry	f	7.01
7	8	Henry	Smout	m	7.03
8	10	Olly	Beddoes	m	7.12
9	3	Henry	Murton-Jones	m	7.14
10	6	Nia	Lewis	f	7.30
11	19	Chloe Jane	Lees	f	7.34
12	38	Taiya	Griffiths	f	7.38
13	23	Hali-Rae	Morris	f	7.40
14	29	Piper	Lloyd	f	7.41
15	42	Samuel	Titcombe	m	7.43
16	16	Cerys	Hayes-Gamble	f	7.45
17	32	Ela	Davies	f	8.17
18	12	Joe	Morgan	m	8.46
19	5	Iwan	Jones	m	8.47
20	13	Lois	Donnaway	f	8.49
21	40	Evie	Marshall	f	8.51
22	28	Hazel	Davies	f	8.53
23	33	Oscar	Beddoes	m	8.54
24	41	Luke	Titcombe	m	8.58
25	15	Myles	Donnaway	m	9.13
26	4	Robert	Lewis	m	9.33
27	24	Niamh	Briskham	f	9.34
28	30	Samuel	Lloyd	m	9.56
29	9	Max	Lewis	m	10.08
30	43	Annabel	Titcombe	f	10.12
31	20	Tilly	Stephens	f	10.36
32	11	Corrie	Lewis	f	10.39
33	35	Megan	Jenkins	f	11.10
34	7	Evan	Morris	m	11.27
35	31	Solomon	Lloyd	m	11.31
36	36	Sian	Jenkins	f	12.03

