

BBQ 5k 20177th July**Category winners**

Male	Forename	Surname	Club	Time
M1	Tom	Roberts	Meirionydd	16.15
M2	Clive	Morgan	Maldwyn Harriers	17.26
M3	Dillon	Gill	Maldwyn Harriers	17.41
Munder 20	Carwyn	Owen	Maldwyn Harriers	18.59
Msenior	Todd	Tanner	Maldwyn Harriers	18.06
MV35	Neil	Godsell	Maldwyn Harriers	17.55
MV40	Darren	Jarman	Maldwyn Harriers	19.06
MV45	Paul	Pritchard	Maldwyn Harriers	20.52
MV50	Bryan	Arthur	Maldwyn Harriers	19.53
MV55	David	Rees	u/a	24.54
MV60	Martin	Green	Maldwyn Harriers	21.44
MV65	Peter	Nicholes	Meirionydd	25.38
MV70	Ray	Sharratt	Rhayader AC	26.12
MV75	no runner			
MV80	no runner			

Female

F1	Rhianwedd	Price	Cardiff AC	17.10
F2	Ffion	Price	Cardiff AC	17.35
F3	Shana	Stewardson	Bridgenorth	20.33
Funder 20	Tayla	Trigg	Maldwyn Harriers	25.04
Fsenior	Elliw	Haf	Eryri Harriers	21.04
FV35	Jenny	Evans	Maldwyn Harriers	20.40
FV40	Jayne	Breeze	u/a	26.56
FV45	Mpho		Meirionydd	26.09
FV50	Yvonne	Hill	Oswestry Olympians	23.08
FV55	Jill	Hillman	Maldwyn Harriers	26.31
FV60	Helen	Stretch	Aberystwyth AC	29.35
FV65	Rose	Thomas	Rhayader AC	25.44
FV70	Marjorie	Griffiths	Bro Dysynni AC	34.35
FV75	no runner			
FV80	no runner			

Overall Finish

	Forename	Surname	Club	Gender	Age	No.	Time
1	Tom	Roberts	Meirionydd	M	senior	561	16.15
2	Rhianwedd	Price	Cardiff AC	F	senior	675	17.10
3	Clive	Morgan	Maldwyn Harriers	M	v35	576	17.26
4	Ffion	Price	Cardiff AC	F	senior	550	17.35

	Forename	Surname	Club	Gender	Age	No.	Time
5	Dillon	Gill	Maldwyn Harriers	M	Under 20	684	17.41
6	Neil	Godsell	Maldwyn Harriers	M	v35	588	17.55
7	Todd	Tanner	Maldwyn Harriers	M	senior	552	18.06
8	Joe	Murray	u/a	M	senior	660	18.14
9	Carwyn	Owen	Maldwyn Harriers	M	Under 20	699	18.59
10	Darren	Jarman	Maldwyn Harriers	M	v40	689	19.06
11	Martin	Copus	Maldwyn Harriers	M	senior	562	19.10
12	Kieran	Holland	Aberystwyth AC	M	senior	600	19.20
13	Anthony	Powell	Maldwyn Harriers	M	v40	686	19.23
14	Kaya	Saul	Maldwyn Harriers	M	Under 20	578	19.29
15	Bryan	Arthur	Maldwyn Harriers	M	v50	592	19.53
16	Rhys	Jenkins	Maldwyn Harriers	M	senior	692	20.25
17	Tomos	Rees	u/a	M	senior	598	20.31
18	Shana	Stewardson	Bridgenorth	F	Under 20	587	20.33
19	Harvey	Gill	Maldwyn Harriers	M	Under 20	683	20.34
20	Jenny	Evans	Maldwyn Harriers	F	v35	100	20.40
21	Paul	Pritchard	u/a	M	v45	679	20.52
22	Carwyn	Price	Rhayader AC	M	senior	672	20.58
23	Elliw	Haf	Eryri Harriers	F	senior	560	21.04
24	Dan	George	Maldwyn Harriers	M	v35	695	21.05
25	Adam	Preston	Meirionydd	M	v45	554	21.09
26	Paul	Thomas	Maldwyn Harriers	M	v50	591	21.14
27	Kevin	Owens	Maldwyn Harriers	M	v45	698	21.23
28	Justin	Pickington	Meirionydd	M	v40	558	21.30
29	Ollie	Jones	Maldwyn Harriers	M	Under 20	568	21.34
30	Martin	Green	Maldwyn Harriers	M	v60	551	21.44
31	Mark	Saunders	Maldwyn Harriers	M	v45	682	22.03
32	Tom	Rees	u/a	M	senior	590	22.08
33	Kevin	Jones	Maldwyn Harriers	M	v40	569	22.11
34	Richard	Titcombe	Maldwyn Harriers	M	v50	579	22.26
35	Lizzie	Cockle	Maldwyn Harriers	F	senior	694	22.27
36	David	Johnston	u/a	M	senior	98	22.44
37	Graham	Stewardson	Ludlow Runners	M	v45	585	22.49
38	Ken	Toop	u/a	M	v50	99	22.56
39	Yvonne	Hill	Oswestry Olympians	F	v50	577	23.08
40	Tanya	Brandon	Oswestry Olympians	F	v50	680	23.11
41	Martin	Berry	Warrington Road Runners	M	v40	583	23.18
42	Reece	Moles	Maldwyn Harriers	M	senior	688	23.24
43	Duncan	Sircom	u/a	M	v40	681	23.33
44	Graeme	Stringer	Meirionydd	M	v50	567	23.36
45	Andrew	Sherlock	Maldwyn Harriers	M	v45	581	23.43
46	Steve	Bryant	u/a	M	v40	690	24.09
47	David	Rees	u/a	M	v55	599	24.54
48	Nia	Davies	u/a	F	senior	565	24.55
49	Emma	Stewardson	Ludlow Runners	F	v35	586	25.00
50	Tayla	Trigg	Maldwyn Harriers	F	Under 20	678	25.04

	Forename	Surname	Club	Gender	Age	No.	Time
51	Rachel	Butler	Maldwyn Harriers	F	v50	693	25.18
52	Steve	Orrells	Maldwyn Harriers	M	v60	677	25.23
53	Carrie	Jenkins	Dolly Mixtures	F	senior	691	25.27
54	Peter	Nicholes	Meirionydd	M	v65	564	25.38
55	Sahrah	Wilding	Presteigne Pacers	F	v50	594	25.41
56	Rose	Thomas	Rhayader AC	F	v65	596	25.44
57	Ben	Wood	Maldwyn Harriers	M	senior	676	26.00
58	Mpho		Meirionydd	F	v45	566	26.09
59	Ray	Sharratt	Rhayader AC	M	v70	582	26.12
60	Jill	Hillman	Maldwyn Harriers	F	v55	685	26.31
61	Rachel	Williams	Maldwyn Harriers	F	senior	674	26.47
62	Jayne	Breeze	u/a	F	v40	597	26.56
63	Karen	Jones	Maldwyn Harriers	F	v40	696	26.58
64	Sally	Davies	Maldwyn Harriers	F	Under 20	595	27.06
65	Tracey	Hughes	Maldwyn Harriers	F	v45	573	27.10
66	Sioned	Jones	Meirionydd	F	v40	559	27.14
67	Chris	Copus	Maldwyn Harriers	M	v60	563	27.20
68	Sharon	Lloyd	Maldwyn Harriers	F	v45	575	27.24
69	Lindsay	Berry	Warrington Road Runners	F	senior	584	27.31
70	Mike	Jones	u/a	M	v45	589	27.33
71	Kevin	Evans	Meirionydd	M	v55	556	27.45
72	John G	Evans	Aberystwyth AC	M	V70	673	28.14
73	Andy	Unwin	Bro Dysynni AC	M	v50	572	28.35
74	Chloe	Evans	Meirionydd	F	senior	555	29.26
75	Helen	Stretch	Aberystwyth AC	F	v60	571	29.35
76	Cara	Evans	Meirionydd	F	senior	557	29.48
77	Janet	Preston	Meirionydd	F	v40	553	30.00
78	Morgan	Roberts	Maldwyn Harriers	F	Under 20	687	30.03
79	Cheryl	Morris	Maldwyn Harriers	F	v45	574	30.27
80	Callum	Sherlock	Maldwyn Harriers	M	Under 20	580	31.43
81	Marjorie	Griffiths	Bro Dysynni AC	F	v70	570	34.35
82	Sandra	Banfield	Dolly Mixtures	F	v55	97	37.32
83	Michelle	Beeson	Maldwyn Harriers	F	v45	697	37.32
84	Carrol	Stocker	Presteigne Pacers	F	v60	593	40.31
85	Donna	Griffiths	Maldwyn Harriers	F	v45	700	40.32

