

Neil Howells Race 2016
19th August



Overall Results

1M	Tim	Davies	Maldwyn Harriers	26.58
2M	Tom	Roberts	Meirionydd RC	28.04
3M	Peter	Butler	Oswestry Olympians	29.11
1F	Heidi	Davies	Brecon	29.52
2F	Sian	Powell	u/a	33.36
3F	Nicola	Davies	Maldwyn Harriers	33.53

Age Group Results

MU20	Todd	Langley Tanner	Maldwyn Harriers	29.24
Msenior	Neil	Godsell	u/a	30.28
MV35	Ifan	Richards	Hebog	29.49
MV40	Roland	Stafford	Maldwyn Harriers	31.30
MV45	Andrew	Davies	Thornbury	30.14
MV50	Andrew	Yapp	Mercia	30.45
MV55	Robin	Brierley	u/a	36.33
MV60	Ed	Davies	Maldwyn Harriers	32.40
MV70	Ray	Sharratt	Rhayader Running Club	47.02
FU20	Madeline	Phillips	Maldwyn Harriers	41.42
Fsenior	Penny	Tanner	u/a	36.05
FV35	Jenny	Evans	Maldwyn Harriers	35.26
FV40	Tracy	Biggs	u/a	40.41
FV45	Nicola	Davies	Thornbury	38.48
FV50	Suzanne	Kendrick	Rhayader	41.53
FV55	Jill	Hillman	Maldwyn Harriers	45.10
FV60	Rose	Thomas	Rhayader running club	43.44
FV70	Carol	Farrington	Rhayader AC	45.59
FV80	Sheila	Symonds	Bro Dysynni AC	92.00

Full Results

Position	Number	Forename	Surname	Club	Gender	Category	Time
1	20	Tim	Davies	Maldwyn Harriers	m	v35	26.58
2	94	Tom	Roberts	Meirionydd RC	m	senior	28.04
3	706	Peter	Butler	Oswestry Olympians	m	senior	29.11
4	52	Todd	Tanner	Maldwyn Harriers	m	Under 20	29.24
5	85	Ifan	Richards	Hebog	m	v35	29.49
6	14	Heidi	Davies	Brecon	f	Under 20	29.52
7	16	Andrew	Davies	Thornbury	m	v45	30.14
8	36	Simon	White	Teloford AC	m	v35	30.22
9	713	Mark A	Jones	u/a	m	v45	30.27
10	99	Andrew	Yapp	Mercia	m	v50	30.45
11	51	Neil	Godsell	u/a	m	senior	30.52
12	32	Bryan	Arthur	Maldwyn Harriers	m	v45	30.58
13	714	James	David	Shrewsbury ac	m	senior	31.08
14	7	Martin	Copus	Maldwyn Harriers	m	senior	31.10
15	17	Kaya	Saul	Maldwyn Harriers	m	Under 20	31.13
16	84	Dan	Stones	Maldwyn Harriers	m	Under 20	31.20
17	38	Sean	Clarke	Maldwyn Harriers	m	v45	31.25
18	2	Ian	Ellis	Maldwyn Harriers	m	v35	31.26
19	25	Roland	Stafford	Maldwyn Harriers	m	v40	31.30
20	31	Ed	Davies	Maldwyn Harriers	m	v60	32.40
21	703	Daniel	Martin	u/a	m	Under 20	32.42
22	708	Richard	Davies	Oswestry Olympians	m	senior	32.45
23	39	Lee	Shackleton	Maldwyn Harriers	m	v45	32.49
24	33	Hadyn	Jones	Maldwyn Harriers	m	v50	32.56
25	71	Chad	Davies	u/a	m	v35	33.10
26	5	Paul	Beeson	Maldwyn Harriers	m	v50	33.13
27	37	Sian	Powell	u/a	f	Under 20	33.36
28	700	Rob	Martin	Maldwyn Harriers	m	v50	33.42
29	24	Evan	Price-Davies	Brecon	m	Under 20	33.50
30	92	Nicola (m)	Davies	Maldwyn Harriers	f	senior	33.53
31	22	Kevin	Owen	Maldwyn Harriers	m	v45	34.15
32	66	Phillip	Norville	u/a	m	senior	34.20

33	34	Jan	Dickenson	u/a	m	v35	34.27
34	56	Charlie	Sandells	Shropshire Shufflers	m	v40	34.30
35	83	Matt	Bishop	u/a	m	v45	34.36
36	6	Glyn	Fletcher	Maldwyn Harriers	m	v50	34.40
37	78	Joe	Hughes	u/a	m	Under 20	35.13
38	712	Jenny	Evans	Maldwyn Harriers	f	v35	35.26
39	35	Martin	Green	Maldwyn Harriers	m	v60	35.45
40	72	Rhys	Jenkins		0 m	senior	35.47
41	89	Penny	Tanner	u/a	f	senior	36.05
42	13	Callum	Love	u/a	m	Under 20	36.08
43	21	Carwyn	Owen	Maldwyn Harriers	m	Under 20	36.17
44	705	Robin	Brierley	u/a	m	v55	36.33
45	710	Jaqui	Loxam	Maldwyn Harriers	f	v35	36.40
46	73	Carrie	Vaughan	u/a	f	senior	36.48
47	26	Steven	Rowlands	u/a	m	v40	36.49
48	90	Jodie	Bocking	u/a	f	senior	37.00
49	12	Kevin	Jones	Maldwyn Harriers	m	v40	37.12
50	54	Paul	Thomas	Maldwyn Harriers	m	v50	37.23
51	76	David	Manuel	Maldwyn Harriers	m	v40	37.24
52	18	Mike	Richards	u/a	m	senior	37.54
53	86	Melissa	Turnbull	u/a	f	senior	37.58
54	64	William	Harvey	u/a	m	senior	37.59
55	28	Emma	Serjeant	Holmfirth	f	v35	38.00
56	100	Mark	Saunders	Maldwyn Harriers	m	v45	38.14
57	45	Dave	Whitley	u/a	m	v55	38.16
58	48	Thomas	Wilkinson	u/a	m	senior	38.29
59	15	Nicola	Davies	Thornbury	f	v45	38.48
60	23	Steve	Bajik	Telford Harriers	m	v55	39.04
61	60	Steve	Jones	u/a	m	senior	39.17
62	95	Jonathon	Williams	u/a	m	v45	39.30
63	81	James	Leach	u/a	m	v35	40.00
64	91	Tracy	Biggs	u/a	f	v40	40.41
65	97	Lee	Macey	u/a	m	v45	40.43
66	44	Graeme	Stringer	Meirionydd RC	m	v50	40.48
67	43	Helen	Owen	Maldwyn Harriers	f	v45	41.12
68	87	Damien	Maher	u/a	m	v50	41.32
69	74	Mark	Davies	u/a	m	v40	41.35
70	70	Ray	Pickford	u/a	m	v45	41.39
71	709	Madeline	Phillips	Maldwyn Harriers	f	Under 20	41.42
72	707	Josh	Yaxley	Oswestry Olympians	m	senior	41.47
73	29	Suzanne	Kendrick	Rhayader	f	v50	41.53
74	93	Alan	Roberts	u/a	m	v60	42.10
75	4	Jake	Beeson	Maldwyn Harriers	m	Under 20	42.15
76	47	Neo	Park	u/a	m	Under 20	42.22
77	53	Frank	Szablewski	u/a	m	v60	42.45
78	55	Neil	Vose	u/a	m	v45	42.51
79	88	Anne	Torrance	u/a	f	v50	43.05
80	9	Steve	Orrells	Maldwyn Harriers	m	v60	43.10
81	10	Andrew	Sherlock	Maldwyn Harriers	m	v45	43.13
82	49	Ben	Wood	u/a	m	senior	43.16
83	704	Alice	Walton	Oswestry Olympians	f	senior	43.18
84	79	Kate	Varty	u/a	f	v40	43.22
85	80	Alice	Leach	u/a	f	v35	43.22
86	67	Amber	Shanahon	u/a	f	senior	43.29
87	58	Jamie	Suddell	u/a	m	senior	43.40
88	42	Liz	Parker	Oswestry Olympians	f	v40	43.41
89	30	Rose	Thomas	Rhayader running club	f	v60	43.44
90	50	Rachel	Williams	Maldwyn Harriers	f	senior	44.04
91	8	Chris	Copus	Maldwyn Harriers	m	v60	44.23
92	59	Reece	Moles	Maldwyn Harriers	m	senior	44.35
93	75	Emma	Stewardson	Ludlow Runners	f	v35	44.42
94	57	Jill	Hillman	Maldwyn Harriers	f	v55	45.10
95	11	Sharon	Lloyd	Maldwyn Harriers	f	v45	45.27
96	98	Karen	Jones	Maldwyn Harriers	f	v40	45.34
100	702	Margo	Martin	Maldwyn Harriers	f	Under 20	45.35
97	77	Steven	Chadwick	u/a	m	v45	45.56
99	40	Carol	Farrington	Rhayader AC	f	v70	45.59
98	46	Nicholas	Park	u/a	m	v40	46.30
101	27	Ray	Sharratt	Rhayader Ac	m	v70	47.02

102	63	Phyllis	Harvey	u/a	f	v55	47.36
103	701	Sara	Tudor	u/a	f	v50	47.36
104	69	Cyndy	Humphreys	u/a	f	v60	48.25
105	3	Sue	Desborough	u/a	f	v55	48.25
106	68	Janet	Shanahan	Maldwyn Harriers	f	v50	48.28
107	65	Jacqui	Lloyd	Maldwyn Harriers	f	v60	48.40
108	61	Shirley	Green	u/a	f	v55	51.55
109	711	Shona	Jarman	u/a	f	v40	51.57
110	82	Michelle	Beeson	Maldwyn Harriers	f	v45	53.12
111	41	Marilyn	Hunt	SYTRI	f	v45	56.23
112	96	Sandra	Banfield	Dolly Mixtures	f	v55	59.53
113	19	Sharon	Davies	Dolly Mixtures	f	v35	59.55
114	62	Tony	Green	u/a	m	v55	65.25
115	1	Sheila	Symonds	Bro Dysynni AC	f	v80	92.00



Fun Run Results

Position	Number	Forename	Surname	Club	Gender	Race	Time
1	380	Deiniol	Owen		m	fun	8.09
2	396	Callum	Morgan		m	fun	8.23
3	199	Morgan	Matthews		m	fun	9.28
4	191	Oliver	Jones		m	fun	9.59
5	190	Piper	Lloyd		f	fun	10.21
6	374	Amren	Stephenson		m	fun	10.33
7	193	Libby	Loxam		f	fun	10.40
8	399	Nia	Rowlands		f	fun	11.01
9	381	Teifi	Owen		m	fun	11.08
10	197	Archie	Williams		m	fun	11.21
11	491	Owen			m	fun	11.42
12	492	Lucy			f	fun	11.56
13	489	Oliver	Dickenson		m	fun	11.59
14	377	Charlie	Richards		m	fun	12.05
15	390	Harvey	Stafford		m	fun	12.16
16	194	Cerys	Jones		f	fun	12.19
17	379	Elliot	Turner		m	fun	12.26
18	395	Pippa	Ellis		f	fun	12.28
19	391	Rose	Stafford		f	fun	12.56
20	392	Molly	Morrison		f	fun	12.57
21	372	Ela	Davies		f	fun	20.58
22	397	Chardonnay			f	fun	13.06
23	490	Mimi	Dickinson		f	fun	13.54
24	370	Toby	Bernard		m	fun	14.05
25	386	Sally	Murton-Davies		f	fun	14.12
26	384	Morgan	Roberts		f	fun	14.22
27	373	Tomas	Davies		m	fun	14.45
28	400	Gethin	Serjeantm		m	fun	14.50
29	383	Bert	Widdington		m	fun	15.16
30	369	Rhiannon	Richards		f	fun	15.24
31	375	Rose	Stephenson		f	fun	15.40
32	198	Katie	Jones		f	fun	15.48
33	376	Eva	Richards		f	fun	16.23
34	393	Faye	Morrison		f	fun	16.34
35	382	Molly	Widdington		f	fun	16.50
36	388	Jessie	Roberts		f	fun	16.51
37	196	Woody	Jones		m	fun	16.59
38	378	Ben	Turner		m	fun	17.08
39	493	Zoe	Spencer		f	fun	17.51
40	387	Chloe	Murton-Davies		f	fun	18.05
41	385	Amy	Roberts		f	fun	18.09
42	389	Seren	Davies		f	fun	18.43
43	398	Lexi	Simkin		f	fun	18.46