

Neil Howells Race 2015
14th August



Overall Results

1M	Tim	Davies	Maldwyn Harriers	26.36
2M	Domonic	Jones	Mercia Fell Runners	26.39
3M	Jamie	Shingler	Ludlow Runners	28.23
1F	Sian	Powell	Kidderminster and Stourport	34.13
2F	Holly	Armstrong	u/a	34.30
3F	Dunya	Fourie	u/a	35.47

Age Group Results

MU20	Todd	Tanner	Maldwyn Harriers	29.42
Msenior	Tom	Roo	Mercia Fell Runners	30.28
MV35	Glen	Speake	Maldwyn Harriers	28.39
MV40	Roland	Stafford	Maldwyn Harriers	31.14
MV45	Andrew	Davies	Thornbury	30.03
MV50	Roger	Farrington	u/a	28.45
MV55	Edward	Davies	Maldwyn Harriers	30.30
MV60	Stephen	Roberts	Oswestry Olympians	33.25
MV65	Tom	Davies	Croft Ambrey	44.07
MV70	Ray	Sharratt	Rhayader Running Club	48.23
FU20	Margo	Martin	Maldwyn Harriers	40.01
Fsenior	Penny	Tanner	u/a	36.34
FV35	Jacqui	Loxam	Maldwyn Harriers	36.22
FV40	Tracy	Biggs	u/a	39.42
FV45	Sharon	Lloyd	Maldwyn Harriers	46.32
FV50	Andre	Hutchinson	Maldwyn Harriers	42.24
FV55	Caron	Atherton	Dolly Mixtures	54.14
FV60	Rose	Thomas	Rhayader Running Club	41.57
FV70	Kathy	Ling	Wrekin R.R	60.15
FV80	Sheila	Symonds	Bro Dysynni AC	0.00

Full Results

Position	Number	Forename	Surname	Club	Gender	Category	Time
1	416	Tim	Davies	Maldwyn Harriers	M	v35	26.36
2	461	Domonic	Jones	Mercia Fell runners	M	senior	26.39
3	459	Jamie	Shingler	Ludlow Runners	M	v40	28.23
4	402	Glen	Speake	Maldwyn Harriers	M	v35	28.39
5	421	Roger	Farrington	u/a	M	v50	28.45
6	447	Todd	Tanner	Maldwyn Harriers	M	Under 20	29.42
7	401	Andrew	Davies	Thornbury	M	v45	30.03
8	469	Darren	Jarman	Maldwyn Harriers	M	v35	30.18
9	490	Tom	Roo	Mercia Fell runners	M	senior	30.28
10	405	Edward	Davies	Maldwyn Harriers	M	v55	30.30
11	373	Mark A	Jones	u/a	M	v45	30.59
12	460	Roland	Stafford	Maldwyn Harriers	M	v40	31.14
13	409	Martin	Copus	Maldwyn Harriers	M	senior	31.20
14	439	Ian	Ellis	Maldwyn Harriers	M	v35	31.43
15	438	David	Kingston	Telford Harriers	M	v45	31.55
16	454	Haydn	Jones	Maldwyn Harriers	M	v50	32.04
17	466	Daniel	Martin	Maldwyn Harriers	M	Under 20	32.34
18	457	Chad	Davies	u/a	M	senior	32.45
19	465	Rob	Martin	Maldwyn Harriers	M	v45	32.55
20	420	Paul	Walby	u/a	M	v40	33.16
21	463	Ian	Wright	u/a	M	v50	33.18
22	434	Phillip	Bullock	Maldwyn Harriers	M	v40	33.18
23	496	Ed	Davies	u/a	M	senior	33.20
24	407	Stephen	Roberts	Oswestry Olympians	M	v60	33.25
25	442	Colin	Lancaster	Ludlow Runners	M	v50	34.09
26	462	Sian	Powell	Kidderminster and Stourport	F	Under 20	34.13
27	483	Holly	Armstrong	u/a	F	senior	34.30
28	430	Kaya	Saul	Maldwyn Harriers	M	Under 20	34.47
29	449	Dan	George	Maldwyn Harriers	M	v35	34.48
30	418	Jon	Dickinson	u/a	M	v35	34.55
31	474	Jamie	Dumayne	u/a	M	senior	35.17
32	440	Mark	Saunders	Maldwyn Harriers	M	v45	35.18

33	437	Owen	Randell	u/a	M	Under 20	35.43
34	458	Darren	Brown	u/a	M	v45	35.44
35	455	Dunya	Fourie	u/a	F	v35	35.47
36	436	Martin	Green	Maldwyn Harriers	M	v55	35.58
37	374	Mark	Lewis	u/a	M	v40	36.10
38	427	Jacqui	Loxam	Maldwyn Harriers	F	v35	36.22
39	446	Arthur	Youd	Aberystwyth AC	M	senior	36.28
40	486	Penny	Tanner	u/a	F	senior	36.34
41	481	David	Manuel	Maldwyn Harriers	M	v40	36.50
42	453	Rhys	Jenkins	u/a	M	senior	36.50
43	492	Matthew	Rogers	u/a	M	v45	36.57
44	484	Jodie	Tanner	u/a	F	senior	37.35
45	374	Mark	Lewis	u/a	M	v40	37.37
46	412	Carwyn	Owen	u/a	M	Under 20	37.47
47	414	Kevin	Owen	Maldwyn Harriers	M	v45	37.49
48	450	Ifan	Jones	Maldwyn Harriers	M	v50	37.52
49	464	Bryan	Lloyd	Presteigne Pacers	M	v55	37.57
50	494	Jenny	Evans	Maldwyn Harriers	F	senior	37.59
51	497	Elliot	Clifton	u/a	M	senior	38.04
52	500	Dougie	Bishop	u/a	M	Under 20	38.17
53	372	Matt	Bishop	u/a	M	v45	38.18
54	499	Dave	Farron	Mercia Fell runners	M	v50	38.32
55	428	Emma	Serjeant	Holmfirth Harriers	F	v35	38.45
56	470	Alun	Jenkins	Rhayder running club	M	v50	38.58
57	487	Tracy	Biggs	u/a	F	v40	39.13
58	456	Lindsay	Sweetman	Dolly Mixtures	F	v35	39.27
59	482	Alun	Roberts	Maldwyn Harriers	M	v60	39.42
60	467	Margo	Martin	Maldwyn Harriers	F	Under 20	39.43
61	485	Bradley	Gurney	Mercia Fell runners	M	v35	39.43
62	410	Shelley	Bateson	u/a	F	senior	40.01
63	491	Naomi	Watson	Mercia Fell runners	F	senior	40.15
64	429	Reece	Moles	Maldwyn Harriers	M	senior	40.32
65	471	Claire	Abel	Maldwyn Harriers	F	v40	40.36
66	415	Mary	Morton	Rhayader AC	F	v40	40.47
67	422	Helen	Wilkinson	Maldwyn Harriers	F	senior	40.56
68	423	Helen	Owen	Maldwyn Harriers	F	v40	41.00
69	425	Rose	Thomas	Rhayader running club	F	v60	41.17
70	445	Nikki	Grainger	Maldwyn Harriers	F	senior	41.54
71	479	Andre	Hutchinson	Maldwyn Harriers	F	v50	41.57
72	406	Kevin	Jones	u/a	M	v35	42.24
73	419	Samara	Stewart	u/a	F	v40	42.24
74	408	Shannon	Walker	Maldwyn Harriers	F	Under 20	42.47
75	411	Chris	Copus	Maldwyn Harriers	M	v60	42.51
76	435	Liz	Park	Oswestry Olympians	F	v40	42.59
77	444	Tom	Davies	Croft Ambrey R.C	M	v65	43.36
78	477	Reane	Atherton	Ambleside AC	F	senior	43.50
79	404	Jake	Beeson	Maldwyn Harriers	M	Under 20	44.07
80	403	Paul	Beeson	Maldwyn Harriers	M	v50	44.10
81	473	Alice	Leach	u/a	F	v35	44.33
82	472	Kate	Varty	u/a	F	v35	44.33
83	424	Sharon	Lloyd	Maldwyn Harriers	F	v45	44.37
84	489	Ali	Roberts	u/a	F	v45	46.10
85	498	Tanya	Veasey	u/a	F	v35	46.32
86	476	Steve	Atherton	Ambleside AC	M	v55	46.32
87	448	Julia	Gilbert-Davies	Dolly Mixtures	F	v40	46.57
88	432	Suzanne	Sheppard	Dolly Mixtures	F	v45	47.05
89	413	Shirley	Owen	u/a	F	v40	47.25
90	458	Darren	Brown	u/a	M	v45	47.49
91	468	Sara	Tudor	Maldwyn Harriers	F	v50	47.49
92	493	Denny	Rogers	u/a	F	v40	47.59
93	433	Debbie	Moran	u/a	F	v50	48.17
94	426	Ray	Sharratt	Rhayader Running Club	M	v70	48.23
95	375	Jayne	Hamer	u/a	F	senior	48.29
96	480	Janet	Shanahon	Maldwyn Harriers	F	v50	48.49
100	495	Shona	Jerman	u/a	F	v40	51.49
97	488	Suzanne	Rowlands	u/a	F	v40	51.49
99	478	Jacqui	Lloyd	Maldwyn Harriers	F	v60	54.14
98	475	Caron	Atherton	Dolly Mixtures	F	v55	54.14
101	451	June	Jones	Maldwyn Harriers	F	v40	54.14

102	443	Rachel	Butler	Maldwyn Harriers	F	v50	54.14
103	441	Caroline	Orrells	Maldwyn Harriers	F	v55	54.31
104	431	Karen	Reodenburg	Dolly Mixtures	F	v50	55.03
105	452	Sandra	Banfield	Dolly Mixtures	F	v50	57.55
106	417	Sharon	Davies	Dolly Mixtures	F	v35	57.55
107	206	Kathy	Ling	Wrekin R.R	F	v70	60.15
108	111	Sheila	Symonds	Bro Dysynni AC	F	v80	



Fun Run Results

Position	Number	Forename	Surname	Club	Gender	Race	Time
1	334	Gethin	Greenhalgh		M	fun	9.06
2	333	Deiniol	Owen		M	fun	9.12
3	197	Arwyn	Walby		M	fun	9.40
4	191	Chloe	Speake		F	fun	9.42
5	192	Oliver	Jones		M	fun	9.45
6	349	Alberic	Mould		M	fun	9.48
7	0	Ben	Randell		M	fun	10.02
8	358	Amren	Stephenson		M	fun	10.03
9	194	Seth	Howells		M	fun	10.03
10	354	Pheobe	Carter		F	fun	10.16
11	190	Jamie	Speake		M	fun	10.19
12	340	Tom	Morton		M	fun	10.27
13	335	Megan	Greenhalgh		F	fun	10.31
14	336	Tate	Nicholson		M	fun	10.38
15	338	Alexandra	Griffiths		F	fun	10.51
16	348	Ben	Stewart		M	fun	10.52
17	356	Wil	Owen		M	fun	11.22
18	341	Hazel	Davies		F	fun	11.25
19	364	Rohen	Barnet		M	fun	11.28
20	196	Conor	Walby		M	fun	11.30
21	339	Archie	Morton		M	fun	11.31
22	363	Libby	Loxam		F	fun	11.31
23	350	Harvey	Stafford		M	fun	11.39
24	198	Seth	Bateson		M	fun	11.39
25	200	Teifi	Owen		M	fun	11.46
26	195	Rowan	Howells		M	fun	11.50
27	366	Archie	Williams		M	fun	12.23
28	371	Olivia	Evans		F	fun	12.29
29	342	Tomos	Davies		F	fun	12.30
30	355	Aurora	Carter		M	fun	12.32
31	351	Rose	Stafford		F	fun	12.43
32	365	Toryn	Barnet		M	fun	13.14
33	344	Oliver	Dickinson		M	fun	13.15
34	199	Stan	Bateson		M	fun	13.23
35	361	Gethin	Serjeant		M	fun	13.48
36	362	Seb	Loxam		M	fun	14.08
37	343	Mimi	Dickinson		F	fun	14.30
38	357	Ela	Davies		F	fun	14.33
39	347	Lisa	Stewart		F	fun	14.50
40	346	Mollie	Matthews		F	fun	14.56
41	360	Seren	Serjeant		F	fun	15.14
42	370	Daisy	Evans		F	fun	15.35
43	367	Nancy	Varty		F	fun	15.57
44	369	Grace	Davies		F	fun	16.15
45	359	Rosa	Stephenson		F	fun	16.15
46	368	Angus	Varty		M	fun	16.22
47	353	Zoe	Taylor		F	fun	19.50
48	352	Anelia	Taylor		F	fun	20.28
49	337	Olyvia	Nicholson		F	fun	21.09