

BBQ 5km 2015
3rd July



Overall Results

1M	Stephen	Corbishley	Rossendale Harriers	17.07
2M	Tom	Roberts	Meirionydd	17.12
3M	Gary Wyn	Davies	Aberystwyth	17.15
1F	Rhianwedd	Price	Cardiff	16.27
2F	Caryl	Davies	Sarn Helen	21.57
3F	Jacqui	Loxam	Maldwyn Harriers	22.41

Age Group Results

MU20	Kaya	Saul	Maldwyn Harriers	20.12
Msenior	Craig	Collier	Ludlow Runners	18.48
MV35	Darren	Jarman	Maldwyn Harriers	19.24
MV40	Jamie	Shingler	Ludlow Runners	17.46
MV45	Andrew	Davies	Thornbury	18.25
MV50	Haydn	Jones	Maldwyn Harriers	18.52
MV55	David	Davies	Brecon	19.17
MV60	Stephen	Roberts	Oswestry Olympians	20.23
MV65	John Gwyn	Evans	Aberystwyth AC	24.05
MV70	Ray	Sharratt	Rhayader running club	28.17
FU20	Tayla	Trigg	Maldwyn Harriers	25.27
Fsenior	Nikki	Grainger	Maldwyn Harriers	23.22
FV35				
FV40	Mary	Morton	Rhayader AC	24.18
FV45	Sharon	Lloyd	Maldwyn Harriers	25.43
FV50	Rachel	Butler	Maldwyn Harriers	25.2
FV60	Rose	Thomas	Rhayader running club	25.29
FV70	Carol	Farrington	Rhayader AC	27.14
FV80	Sheila	Symonds	Bro Dysynni AC	55.10

Full Results

Position	Number	Forename	Surname	Club	Gender	Category	Time
1	458	Rhianwedd	Price	Cardiff	F	senior	16.27
2	431	Stephen	Corbishley	Rossendale Harriers	M	senior	17.07
3	440	Tom	Roberts	Meirionydd	M	senior	17.12
4	429	Gary Wyn	Davies	Aberystwyth	M	senior	17.15
5	442	Jamie	Shingler	Ludlow Runners	M	v40	17.46
6	411	Ian	Lowe	Oswestry Olympians	M	v40	17.52
7	406	Andrew	Davies	Thornbury	M	v45	18.25
8	450	Sean	Clarke	Maldwyn Harriers	M	v40	18.33
9	481	Craig	Collier	Ludlow Runners	M	senior	18.48
10	454	Haydn	Jones	Maldwyn Harriers	M	v50	18.52
11	483	Roland	Stafford	Maldwyn Harriers	M	v40	19.02
12	422	David	Davies	Brecon	M	v55	19.17
13	441	Darren	Jarman	Maldwyn Harriers	M	v35	19.24
14	404	Kaya	Saul	Maldwyn Harriers	M	Under 20	20.12
15	491	Dan	George	Maldwyn Harriers	M	v35	20.14
16	412	Stephen	Roberts	Oswestry Olympians	M	v60	20.23
17	443	Lee	Shackleton	Maldwyn Harriers	M	v45	20.27
18	479	Paul	Pritchard	Maldwyn Harriers	M	v45	20.32
19	432	Mark	Saunders	Maldwyn Harriers	M	v45	20.33
20	426	Adam	Morton	Rhayader AC	M	v40	20.41
21	480	Thomas	Powell	Ludlow Runners	M	senior	20.51
22	414	Arfon	Hughes	Meirionydd	M	v45	21.07
23	439	Jamie	Dumayne	u/a	M	senior	21.09

24	420	Stephen	Mesham	Presteigne Pacers	M	v40	21.15
25	472	David	Manuel	Maldwyn Harriers	M	v40	21.29
26	402	Stephen	Smith	Rhayader AC	M	senior	21.31
27	430	Caryl	Davies	Sarn Helen	F	senior	21.57
28	434	Dan	Pavitt	Ludlow Runners	M	v50	22.04
29	459	Paul	Thomas	u/a	M	v50	22.07
30	424	Martin	Green	Maldwyn Harriers	M	v55	22.11
31	405	Paul	Dews	Ludlow Runners	M	v35	22.13
32	410	Bob	Smith	Builth and Districts	M	v55	22.17
33	467	John	Murphy	Maldwyn Harriers	M	v50	22.19
34	484	Martin	Berry	Warrington Road Runners	M	v40	22.37
35	423	Jacqui	Loxam	Maldwyn Harriers	F	v35	22.41
36	468	Colin	Richards	u/a	M	v50	22.43
37	416	Nick	Bradley	Meirionydd	M	v60	22.44
38	436	Bryan	Lloyd	Presteigne Pacers	M	v55	23.13
39	453	Reece	Moles	Maldwyn Harriers	M	senior	23.15
40	452	Nikki	Grainger	Maldwyn Harriers	F	senior	23.22
41	383	Francisco	Sainchez	u/a	M	senior	23.32
42	487	Jamie	Mayers	u/a	M	v40	23.50
43	447	Tomos	Rees	u/a	M	Under 20	23.51
44	490	Simon	Eastwood	u/a	M	v40	23.54
45	438	Chris	Copus	Maldwyn Harriers	M	v60	23.57
46	475	Ian	Tomley	u/a	M	v50	24.03
47	445	John Gwyn	Evans	Aberystwyth AC	M	v65	24.05
48	463	Jamie	Green	Ludlow Runners	M	v35	24.08
49	461	Ifan	Jones	Maldwyn Harriers	M	v45	24.11
50	425	Mary	Morton	Rhayader AC	F	v40	24.18
51	488	Jenny	Evans	Maldwyn Harriers	F	senior	24.20
52	437	Claire	Abel	Maldwyn Harriers	F	v40	24.22
53	415	Graeme	Stringer	Meirionydd	M	v50	24.34
54	446	Helen	Owen	Maldwyn Harriers	F	v40	24.38
55	455	Jason	Perry	u/a	M	v50	24.47
56	448	David	Rees	u/a	M	v50	25.10
57	384	Owen	Brunt	u/a	M	Under 20	25.13
58	407	Terry	Leah	u/a	M	v40	25.19
59	470	Rachel	Butler	Maldwyn Harriers	F	v50	25.20
60	457	Carwyn	Price	u/a	M	senior	25.23
61	492	Liam	Irving	u/a	M	Under 20	25.24
62	473	Tayla	Trigg	Maldwyn Harriers	F	Under 20	25.27
63	409	Jake	Beeson	Maldwyn Harriers	M	Under 20	25.28
64	418	Rose	Thomas	Rhayader running club	F	v60	25.29
65	427	Steve	Orrells	Maldwyn Harriers	M	v60	25.33
66	408	Paul	Beeson	Maldwyn Harriers	M	v50	25.35
67	462	Helen	Wilkinson	Maldwyn Harriers	F	senior	25.37
68	466	Paul	Parker	Ludlow Runners	M	v40	25.41
69	464	Sharon	Lloyd	Maldwyn Harriers	F	v45	25.43
70	413	Peter	Nicholls	Meirionydd	M	v60	25.45
71	401	Kevin	Jones	u/a	M	v35	25.50
72	417	Kevin	Evans	Meirionydd	M	v50	26.06
73	444	Hannah	Jones	Maldwyn Harriers	F	senior	26.38
74	486	Jane	Kerr	Builth and Districts	F	v50	26.46
75	311	Caroline	Farr	u/a	F	v45	27.08
76	456	Rob	Owen	u/a	M	v60	27.09
77	435	Carol	Farrington	Rhayader AC	F	v70	27.14
78	421	Jane	Mesham	Presteigne Pacers	F	v50	27.29
79	471	Michael	Davies	u/a	M	v40	27.53
80	482	Georgina	Fletcher	Maldwyn Harriers	F	v50	27.54
81	419	Ray	Sharratt	Rhayader Running Club	M	v70	28.17
82	478	Peter	Hogarth	u/a	M	v60	28.31
83	485	Nicola	Kelly	Builth and Districts	F	v45	28.53

84	489	Amanda	Eastwood	u/a	F	v40	28.57
85	428	Mark	Smith	Maldwyn Harriers	M	v40	29.31
86	474	Janet	Shanahon	Maldwyn Harriers	F	v50	29.43
87	451	Donna	Griffiths	u/a	F	v45	29.49
88	460	Diane	Jones	Maldwyn Harriers	F	v45	30.05
89	465	Michelle	Parker	Ludlow Runners	F	v45	30.44
90	403	Andy	Unwin	Bro Dysynni AC	M	v50	31.39
91	469	Leo	Smith	Maldwyn Harriers	M	Under 20	32.17
92	449	Aimee	Clarke	u/a	F	Under 20	32.23
93	433	Hugh	Harrison	Bro Dysynni	M	v60	34.27
94	477	Joanne	Breeze	Dolly Mixtures	F	v45	37.01
95	476	Sandra	Banfield	Dolly Mixtures	F	v50	37.09
96	206	Kathy	Ling	Wrekin R.R	F	v70	43.15
97	342	Sheila	Symonds	Bro Dysynni AC	F	v80	55.10

Fun Run Results



Position	Number	Forename	Surname	Gender	Race	Time
1	302	Arwyn	Walby	M	fun	
2	330	Nia	Rowlands	F	fun	3.47
3	301	Oliver	Jones	M	fun	3.55
4	309	Tom	Morton	M	fun	4.01
5	317	Oliver	Clarke	M	fun	4.02
6	326	Bradlee	Joseph	M	fun	4.05
7	316	William	Owen	M	fun	4.10
8	308	Archie	Morton	M	fun	4.13
9	324	Rhys	Jones	M	fun	4.22
10	328	Piper	Lloyd	F	fun	4.23
11	331	Harvey	Stafford	M	fun	4.31
12	325	Owain	Jones	M	fun	4.44
13	314	Lucy	Powell	F	fun	4.45
14	322	Myles	Donaway	M	fun	4.48
15	320	Blake	Donaway	M	fun	4.57
16	305	Tomos	Davies	M	fun	4.59
17	327	Samuel	Lloyd	M	fun	5.04
18	313	Georgia	Powell	F	fun	5.07
19	329	Alexandra	Powell	F	fun	5.24
20	323	Cerys	Jones	F	fun	5.25
21	310	Henry	Farr	M	fun	5.29
22	312	Saffron	Farr	F	fun	5.36
23	311	Caroline	Farr	F	fun	5.37
24	303	Harry	Dews	M	fun	5.40
25	332	Caitlyn	Brunt	F	fun	5.42
26	306	Rochelle	Plumb	F	fun	5.53
27	321	Lois	Donaway	F	fun	6.02
28	307	Keri	Orrells	F	fun	6.03
29	319	Arwen	Pryce	F	fun	6.17
30	315	Florence	Jones	M	fun	7.10
31	318	Cerys	Pryce	F	fun	7.43