

Newtown 10k 2014
4th May



Overall Results

1M	Scott	Hudspith	Aberystwyth AC	35.55
2M	Ian	Lowe	Oswestry Olympians	36.51
3M	Edward	Davies	Maldwyn Harriers	37.52
1F	Jacqui	Loxham	Maldwyn Harriers	44.50
2F	Jenny	Evans	Maldwyn Harriers	45.48
3F	Aby	Sampson	Aberystwyth AC	46.00

Age Group Results

Msenior	Martin	Copus	Maldwyn Harriers	38.14
MU20	Todd	Tanner	Mercia Fell runners	39.13
MV35	Ricky	Francis	Meirionydd	43.16
MV40	Phil	Williams	u/a	43.46
MV45	Rob	Martin	u/a	40.53
MV50	Colin	Lancaster	Telford AC	40.22
MV55	Lenny	Hughes	Maldwyn Harriers	44.51
MV60	Chris	Copus	Maldwyn Harriers	45.12
MV70	Ray	Sharratt	Rhayader Running Club	54.07
Fsenior	Charlotte	Elliot	Aberystwyth AC	52.57
FV40	Helen	Owen	Maldwyn Harriers	49.33
FV45	Sharon	Lloyd	Maldwyn Harriers	52.37
FV50	Rachel	Butler	Maldwyn Harriers	48.39
FV55	Jane	Bailey	u/a	52.40
FV60	Rose	Thomas	Rhayader Running Club	52.17
FV65	Marjorie	Griffiths	Bro Dysynni AC	67.48
FV80	Sheila	Symonds	Bro Dysynni AC	96.58

Full Results

Position	Number	Forename	Surname	Club	Gender	Category	Time
1	227	Scott	Hudspith	Aberystwyth AC	M	Senior	35.55
2	199	Ian	Lowe	Oswestry Olympians	M	V40	36.51
3	238	Edward	Davies	Maldwyn Harriers	M	V55	37.52
4	225	Martin	Copus	Maldwyn Harriers	M	Senior	38.14
5	252	Todd	Tanner	Mercia Fell runners	M	U20	39.13
6	247	Tim	Brook	Aberystwyth AC	M	Senior	40.15
7	200	Colin	Lancaster	Telford AC	M	V50	40.22
8	267	Rob	Martin	u/a	M	V45	40.53
9	248	Owain	Morris	Aberystwyth AC	M	Senior	41.17
10	243	George	Hackson	Aberystwyth AC	M	Senior	41.33
11	262	Dan	George	u/a	M	Senior	42.12
12	242	Adam	Runacres	Aberystwyth AC	M	Senior	42.22
13	263	Ricky	Francis	Meirionydd	M	V35	43.16
14	235	Phil	Williams	u/a	M	V40	43.46
15	244	Andy	Harvey	Aberystwyth AC	M	Senior	44.22
16	239	Jacqui	Loxam	Maldwyn Harriers	F	V35	44.50
17	224	Lenny	Hughes	Maldwyn Harriers	M	V55	44.51
18	245	Sam	Risby	Aberystwyth AC	M	Senior	45.03
19	223	Chris	Copus	Maldwyn Harriers	M	V60	45.12
20	197	Bryn	Davies	Sytri	M	V40	45.14
21	256	Jenny	Evans	Maldwyn Harriers	F	Senior	45.48
22	241	Aby	Sampson	Aberystwyth AC	F	Senior	46.00
23	261	Dyfrig	Rees	u/a	M	V35	46.00
24	195	David	Jones	Denbigh Harriers	M	V60	46.30
25	246	Dylan	Jones	u/a	M	V40	48.03

26	255	Ifan	Jones	Maldwyn Harriers	M	V45	48.33
27	222	Rachel	Butler	Maldwyn Harriers	F	V50	48.39
28	258	Ken	Toop	u/a	M	V45	48.43
29	226	Andre	Hutchinson	Maldwyn Harriers	F	V50	48.50
30	230	David	Johnson	Maldwyn Harriers	M	Senior	49.10
31	260	Reece	Moles	Maldwyn Harriers	M	Senior	49.31
32	266	Helen	Owen	Maldwyn Harriers	F	V40	49.33
33	234	Phillip	Lowther	Aberystwyth AC	M	V45	50.16
34	196	Rose	Thomas	Rhayader running club	F	V60	52.17
35	251	Sharon	Lloyd	Maldwyn Harriers	F	V45	52.37
36	231	Jane	Bailey	u/a	F	V55	52.40
37	240	Charlottle	Elliot	Aberystwyth AC	F	Senior	52.57
38	232	Mandy	Glennie	Aberystwyth AC	F	V45	53.03
39	257	Jill	Hillman	Maldwyn Harriers	F	V55	53.28
40	237	Ray	Sharratt	Rhayder running club	M	V70+	54.07
41	229	Elly	Downing	Meirionydd	F	V40	54.13
42	250	Reanne	Atherton	Ambleside	F	Senior	54.22
43	265	Wendy	Langford	u/a	F	Senior	56.32
44	264	Nicola	Kelly	Builth and Districts	F	V40	56.37
45	236	Jacqui	Lloyd	Maldwyn Harriers	F	V60	57.11
46	249	Steve	Atherton	Ambleside	M	V55	57.11
47	253	Diane	Jones	Maldwyn Harriers	F	V40	59.33
48	228	Sue	Carroll	Maldwyn Harriers	F	V50	60.43
49	194	Marit	Evans	Bro Dysynni AC	F	V45	62.01
50	233	Charlotte	Williams	Maldwyn Harriers	F	V45	67.17
51	259	Marjorie	Griffiths	Bro Dysynni AC	F	V65	67.48
52	254	Sylvia	Price	Maldwyn Harriers	F	V45	70.34
53	193	Sheila	Symonds	Bro Dysynni AC	F	V35	96.58
54	198	Caroline	Orrells	Maldwyn Harriers	F	V55	96.58
55	221	Phillip	Bullock	Worcester	M		dnf



