

Neil Howells Memorial Race 2013  
16<sup>th</sup> August



**Overall Results**

1M	Dominic	Jones	Shropshire Shufflers	29.01
2M	Ian	Lowe	Oswestry Olympians	29.06
3M	Roland	Stafford	Maldwyn Harriers	29.19
1F	Sian	Powell	Kidderminster Harriers	33.31
2F	Jacqui	Loxham	Maldwyn Harriers	35.50
3F	Alice	Walton	SY Tri	35.56

**Age Group Results**

Msenior	Edward	Davies	Rhallt Runners	37.20
MU20	Todd	Tanner	Ludlow Runners	30.08
MV35	Darren	Jarman	SY Tri	30.37
MV40	Kevin	Owen	u/a	31.55
MV45	Andrew	Yapp	Mercia	29.49
MV50	Haydn	Jones	Shrewsbury Athletic Club	32.14
MV55	Ed	Davies	Maldwyn Harriers	30.07
MV60	Graham	Spencer	Mercia	34.24
Fsenior	Jodie	Tanner	u/a	39.18
FU20	Alex	Cawthra	Maldwyn Harriers	36.18
FV35	Jo	Lewis	Maldwyn Harriers	44.11
FV40	Tracey	Biggs	u/a	40.30
FV45	Janice	Curtis	Shropshire Shufflers	43.53
FV50	Rachel	Butler	Maldwyn Harriers	39.59
FV55	Jill	Hillman	Maldwyn Harriers	43.54
FV60	Jacqui	Lloyd	Maldwyn Harriers	48.00
FV75+	Sheila	Symonds	Bro Dysynni	75.18

**Full Results**

Number	Pos	Forename	Surname	Club	Gender	Category	Time
159	1	Dominic	Jones	Shropshire Shufflers	M	senior	29.01
147	2	Ian	Lowe	Oswestry Olympians	M	v40	29.06
140	3	Roland	Stafford	Maldwyn Harriers	M	v35	29.19
177	4	Andrew	Yapp	Mercia	M	v45	29.49
169	5	Ed	Davies	Maldwyn Harriers	M	v55	30.07
170	6	Todd	Tanner	Ludlow Runners	M	u20	30.08
157	7	Darren	Jarman	SY Tri	M	v35	30.37
139	8	Glen	Speake	Mercia	M	v35	30.53
130	9	Paul	Beeson	Maldwyn Harriers	M	fun	31.32
131	10	Kevin	Owen	u/a	M	v40	31.55
156	11	Haydn	Jones	Shrewsbury Athletic Club	M	v50	32.14
241	12	Arthur	Youd	Aberystwyth AC	M	u20	32.22
144	13	Sian-Louise	Powell	Kidderminster Harriers	F	u20	33.31
134	14	Graham	Spencer	Mercia	M	v60	34.24
158	15	Phil	Williams	u/a	M	v40	34.42
245	16	Jacqui	Loxham	Maldwyn Harriers	F	senior	35.50
127	17	Kaya	Saul	Maldwyn Harriers	M	u20	35.52
167	18	Alice	Walton	SY Tri	F	senior	35.56
166	19	Alex	Cawthra	Maldwyn Harriers	F	u20	36.18
154	20	Gruffydd	Martin	u/a	M	u20	36.20
152	21	Jason	Gittins	u/a	M	v50	36.36
151	22	Vicky	Gittins	Maldwyn Harriers	F	u20	36.44
143	23	Mark	Davies	Mercia	M	v40	36.50
141	24	Hugh	Morgan-Jones	FRA	M	v50	36.54
246	25	Edward	Davies	Rhallt Runners	M	senior	37.20

142	26	Megan	Randell	Maldwyn Harriers	F	u20	37.33
137	27	David	Johnson	Maldwyn Harriers	M	senior	37.38
136	28	Chris	Copus	Maldwyn Harriers	M	v55	37.42
129	29	Richard	Curtis	Shropshire Shufflers	M	fun	37.55
146	30	Andrew	Mantle	u/a	M	senior	38.48
155	31	Darren	Morris		M	v40	39.04
150	32	David	Manuel	Maldwyn Harriers	M	v40	39.13
172	33	Jodie	Tanner	u/a	F	senior	39.18
160	34	David	Roberts	Bayston Hill Salad Dodgers	M	v50	39.52
249	35	Rachel	Butler	Maldwyn Harriers	F	v50	39.59
171	36	Tracey	Biggs	u/a	F	v40	40.30
243	37	Ifan	Jones	Maldwyn Harriers	M	v45	40.57
165	38	JAcqui	Mellor	Maldwyn Harriers	F	v40	41.17
247	39	Lucy	Davies	Rhash	F	senior	41.45
163	40	Kyle	Rowlands		M	u20	42.02
162	41	Stephen	Rowlands	u/a	M	v40	42.02
138	42	Reece	Moles	Maldwyn Harriers	M	senior	42.22
174	43	Sharon	Lloyd	Maldwyn Harriers	F	v40	42.50
200	44	Sarah	Williams	Maldwyn Harriers	F	u20	43.00
248	45	Joseph	Ibson	u/a	M	v35	43.27
244	46	Gregg	Curbz	Mercia	M	u20	43.51
128	47	Janice	Curtis	Shropshire Shufflers	F	fun	43.53
164	48	Jill	Hillman	Maldwyn Harriers	F	v55	43.54
178	49	Jo	Lewis	Maldwyn Harriers	F	v35	44.11
168	50	Karl	Bailey	u/a	M	v40	44.21
251	51	Georgina	Fletcher	Maldwyn Harriers	F	v50	44.44
175	52	Tanya	Veasey	u/a	F	v35	44.57
180	53	Kelly	Jones	Maldwyn Harriers	M	fun	47.04
133	54	Shirley	Owen	u/a	F	v40	47.30
148	55	Peter	Withers	Maldwyn Harriers	M	senior	47.35
242	56	Diane	Jones	Maldwyn Harriers	F	v40	47.45
176	57	Jacqui	Lloyd	Maldwyn Harriers	F	v60	48.00
179	58	Liz	Williams	Maldwyn Harriers	F	v40	48.09
161	59	Vanessa	Rowlands	Maldwyn Harriers	F	v40	48.16
250	60	Michelle	Beeson	Maldwyn Harriers	F	v40	49.27
153	61	Sara	Tudor	Maldwyn Harriers	F	v45	49.51
173	62	Shona	Jerman	u/a	F	v40	54.54
181	63	Jocelyn	Williams	u/a	F	v45	55.00
801	64	Sheila	Symonds	Bro Dysynni	F	v75+	75.18

#### Fun Run Results

1	284	James	Corfield		M	8.40
2	283	Owen	Randell	Maldwyn Harriers	M	8.46
3	290	Carwyn	Owen		M	9.22
4	1	Jake	Beeson	Maldwyn Harriers	M	9.40
5	291	Deiniol	Owen		M	9.47
6	282	Ben	Rodell		M	9.48
7	298	Chloe	Speake		F	9.50
8	280	Megan	Davies		F	10.02
9	185	Amren	Stephenson		M	10.48
10	299	Finlay	Jones		M	10.52
11	281	Hazel	Davies		F	11.00
12	194	Elin	Jones		F	11.18
13	191	Rohan	Barnes		M	11.31
14	189	Cerys	Brown		F	11.36
15	3	Mary	Saul	Maldwyn Harriers	F	11.55
16	187	Grace	Moucharafieh		F	11.57
17	297	Jamie	Speake		M	12.25
18	293	Emma	Corfield		F	12.29
19	184	Huw	Weaver	Maldwyn Harriers	M	12.42
20	300	Penri	Jones		M	12.57
21	198	Harvey	Stafford		M	13.20
22	295	Tomas	Davies		M	13.24

23	197	Rose	Stafford		F	13.30
24	190	Olivia	Evans		F	13.43
25	292	Teifi	Owen		M	14.51
26	299	Finlay	Jones		M	15.00
27	188	Heidi	Richards		F	15.07
28	193	Emma	Jones		F	15.08
29	2	Anna	Curtis	Mercia	F	16.00
30	182	Greg	Curtis	Mercia	M	16.00
31	192	Tiryn	Barnes		M	16.32
32	196	Jo	Jones		M	16.54
33	296	Libby	Speake		F	17.25
34	186	Roa	Stephenson		F	18.37
35	294	Ela	Davies		F	19.09
36	72	Andy	Curtis		M	19.20