

# Gregynog Trail Run

## 15th June 2013



### Long Course

Pos	Number	Forename	Surname	Club	Gender	Category	Time
1	82	Tim	Davies	Maldwyn Harriers	M	v35	29.44
2	63	Glyn	Griffin	Merionnydd	M	senior	30.15
3	100	David	Cade	Maldwyn Harriers	M	senior	32.02
4	67	Andrew	Davies	Thornbury RC	M	v45	32.29
5	96	Haydn	Jones	Shrewsbury Athletic Club	M	v50	33.29
6	105	Ed	Davies	Maldwyn Harriers	M	v55	33.34
7	88	Hugh	McGrath	HTC	M	senior	34.03
8	83	Ian	Ellis	u/a	M	senior	34.23
9	84	Glyn	Fletcher	Maldwyn Harriers	M	v50	34.50
10	93	David	Steer	u/a	M	v45	34.59
11	89	Ashley	Williams	H C C	M	senior	36.09
12	70	Rob	Martin	Maldwyn Harriers	M	v45	36.26
13	103	Gareth	Watkins	H C C	M	senior	36.31
14	69	Lenny	Hughes	Maldwyn Harriers	M	v55	36.44
15	97	Daniel	George	u/a	M	senior	36.53
16	94	Lauren	Davies	Oswestry Olympians	F	senior	37.16
17	106	Bernie	Jones	Maldwyn Harriers	M	v50	38.25
18	71	Gruff	Martin	u/a	M	u20	38.26
19	99	Mike	Cade	Maldwyn Harriers	M	v50	38.49
20	95	JACqui	Loxham	Maldwyn Harriers	F	senior	39.10
21	72	Margo	Martin	Maldwyn Harriers	F	u20	41.07
22	104	Ken	Toop	u/a	M	v45	41.23
23	92	Rachel	Butler	Maldwyn Harriers	F	v50	41.29
24	87	Graeme	Stringer	Merionnydd	M	v45	43.07
25	76	Andre	Hutchinson	Maldwyn Harriers	F	v45	44.48
26	74	Sharon	Lloyd	Maldwyn Harriers	F	v40	45.05
27	78	Ifan	Jones	Maldwyn Harriers	M	v45	46.29
28	75	Georgina	Fletcher	Maldwyn Harriers	F	v50	46.41
29	101	Hollie	Wynne	Aberystwyth AC	F	senior	47.23
30	79	Angela	Bamford	Mercia	F	v45	48.18
31	98	Vicky	Morris	Maldwyn Harriers	F	v45	48.23
32	81	Claire	Abel	Maldwyn Harriers	F	v35	50.20
33	85	Karen	Jones	Maldwyn Harriers	F	v35	56.18
34	86	Jacqui	Leary	Maldwyn Harriers	F	v35	56.18
35	65	Marit	Evans	Bro Dysynni	F	v45	56.38
36	80	Marilyn	Hunt	Oswestry Olympians	F	v45	57.09
	77	Dianne	Jones	Maldwyn Harriers	F	v40	dnf

## Short Course

Pos	Number	Forename	Surname	Club	Gender	Category	Time
1	66	Luke	Davies	Brecon	M	u20	21.53
2	73	Kaya	Saul	Maldwyn Harriers	M	u20	27.59
3	68	Nicola	Davies	Thornbury RC	F	v40	29.03
4	90	Wendy	Langford	u/a	F	senior	36.34
5	91	David	Richards	u/a	M	senior	36.34
6	102	Carole	Williams	Maldwyn Harriers	F	v45	38.12
7	64	Trefor	Pugh	Maldwyn Harriers	M	v75	51.04
8	800	Sheila	Symonds	Bro Dysynni	F	v75	55.50

## Gregynog Fun Run

Pos	Number	Forename	Surname	Gender	Time
1	1	Jake	Beeson	M	3.22
2	2	Amren	Stephenson	M	3.36
3	4	Aurora	Carter	F	3.48
4	9	Bryn	Steer	M	3.49
5	3	Daisy	McCullough	F	4.07
6	11	Hetty	Steer	F	4.19
7	10	Ella	Steer	F	4.19
8	6	Tomos	Davies	M	4.57
9	7	Lily	Ellis	F	5.34
10	12	Libby	Loxham	F	5.54
11	8	Pippa	Ellis	F	6.26
12	5	Ela	Davies	F	7.02

