

Chocoholics 2013 29th March



Overall Results

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|----|-----------|---------|--------------------|-------|
| 1m | Jimmy | Kershaw | Oswestry Olympians | 16.18 |
| 2m | Tim | Davies | Maldwyn Harriers | 16.32 |
| 3m | Luke | Davies | Brecon | 17.10 |
| 1f | Ffion | Price | Cardiff AC | 17.48 |
| 2f | Rhianwedd | Price | Cardiff AC | 19.33 |
| 3f | Alex | Cawthra | Maldwyn Harriers | 20.40 |

Age Group Results

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|---------|------------|---------|--------------------|-------|
| Msenior | Llyr | Lewis | D.I.C. | 17.42 |
| MU20 | Arran | Games | Brecon | 17.14 |
| MV35 | Phill | Bullock | Worcester AC | 18.33 |
| MV40 | Ian | Lowe | Oswestry Olympians | 17.15 |
| MV45 | Andrew | Davies | Thornbury RC | 18.21 |
| MV50 | John | Lyden | Ludlow Runners | 20.13 |
| MV55 | Ed | Davies | Maldwyn Harriers | 18.17 |
| MV60 | Peter | Hough | u/a | 20.47 |
| MV65 | John Gwynn | Evans | Aberystwyth AC | 22.13 |

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|---------|---------|------------|--------------------|-------|
| Fsenior | Lauren | Davies | Oswestry Olympians | 21.27 |
| FU20 | Lauren | Teasdale | Maldwyn Harriers | 24.44 |
| FV35 | Belinda | Bryant | Maldwyn Harriers | 30.20 |
| FV40 | Nicola | Davies | Thornbury RC | 23.35 |
| FV45 | Andre | Hutchinson | Maldwyn Harriers | 24.53 |
| FV50 | Rachel | Butler | Maldwyn Harriers | 24.20 |
| FV55 | Jill | Hillman | Maldwyn Harriers | 26.44 |
| FV60 | JAcqui | Lloyd | Maldwyn Harriers | 28.14 |
| FV65 | Ann | Cruse | Ludlow Runners | 30.41 |
| FV70 | Brenda | Jones | Bro Dysynni | 27.34 |
| FV75 | Sheila | Symonds | Bro Dysynni | 41.38 |

Full Results

| Number | Pos | Forename | Surname | Club | Gender | Category | Time |
|--------|-----|-----------|----------|--------------------|--------|----------|-------|
| 813 | 1 | Jimmy | Kershaw | Oswestry Olympians | m | u20 | 16.18 |
| 825 | 2 | Tim | Davies | Maldwyn Harriers | m | v35 | 16.32 |
| 802 | 3 | Luke | Davies | Brecon | m | u20 | 17.10 |
| 881 | 4 | Arran | Games | Brecon | m | u20 | 17.14 |
| 814 | 5 | Ian | Lowe | Oswestry Olympians | m | v40 | 17.15 |
| 828 | 6 | Llyr | Lewis | D.I.C. | m | senior | 17.42 |
| 820 | 7 | Ffion | Price | Cardiff AC | f | u20 | 17.48 |
| 871 | 8 | Adam | Jones | Brecon | m | u20 | 18.09 |
| 876 | 9 | Gabriel | Hay | Brecon | m | u20 | 18.16 |
| 891 | 10 | Ed | Davies | Maldwyn Harriers | m | v55 | 18.17 |
| 803 | 11 | Andrew | Davies | Thornbury RC | m | v45 | 18.21 |
| 877 | 12 | Nicholas | Jones | u/a | m | u20 | 18.26 |
| 810 | 13 | Phill | Bullock | Worcester AC | m | v35 | 18.33 |
| 829 | 14 | Gary Wyn | Davies | D.I.C. | m | senior | 18.39 |
| 882 | 15 | Rhodri | Boggust | Brecon | m | u20 | 19.09 |
| 812 | 16 | Arfon | Hughes | Merionnydd | m | v40 | 19.22 |
| 827 | 17 | Darren | Jarman | SY Tri | m | v35 | 19.25 |
| 821 | 18 | Rhianwedd | Price | Cardiff AC | f | u20 | 19.33 |
| 823 | 19 | Ian | Ellis | u/a | m | senior | 19.44 |
| 836 | 20 | Stephen | Andrews | Devils Workshop | m | senior | 19.55 |
| 880 | 21 | Ricky | Francis | Merionnydd | m | v35 | 20.00 |
| 874 | 22 | Ashley | Williams | H C C | m | senior | 20.02 |

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|-----|----|------------|-------------|--------------------|---|--------|-------|
| 868 | 23 | John | Lyden | Ludlow Runners | m | v50 | 20.13 |
| 870 | 24 | Derek | Osborne | Brecon | m | v45 | 20.32 |
| 851 | 25 | Alex | Cawthra | Maldwyn Harriers | f | u20 | 20.40 |
| 869 | 26 | Peter | Hough | u/a | m | v60 | 20.47 |
| 865 | 27 | Lenny | Hughes | Maldwyn Harriers | m | v55 | 20.53 |
| 875 | 28 | Gareth | Watkins | H C C | m | senior | 21.03 |
| 859 | 29 | Phil | Walker | u/a | m | v40 | 21.05 |
| 835 | 30 | Lauren | Davies | Oswestry Olympians | f | senior | 21.27 |
| 839 | 31 | Damian | Lewis | Devils Workshop | m | u20 | 21.47 |
| 806 | 32 | Chris | Copus | Maldwyn Harriers | m | v55 | 21.50 |
| 853 | 33 | Paul | Jones | u/a | m | v45 | 21.55 |
| 843 | 34 | John Gwynn | Evans | Aberystwyth AC | m | v65 | 22.13 |
| 857 | 35 | Jacqui | Loxham | Maldwyn Harriers | f | senior | 22.21 |
| 815 | 36 | Kaya | Saul | Maldwyn Harriers | m | u20 | 22.40 |
| 862 | 37 | DAvid | Manuel | Maldwyn Harriers | m | v40 | 22.43 |
| 856 | 38 | Alan | Ryland | Builth Wells | m | v60 | 22.56 |
| 844 | 39 | Philip | Paul | 7 VC | m | v50 | 23.17 |
| 872 | 40 | Paul | Evans | Brecon | m | v35 | 23.22 |
| 845 | 41 | Edward | Cadenne | u/a | m | v35 | 23.23 |
| 816 | 42 | Tim | Saul | SY Tri | m | v40 | 23.30 |
| 886 | 43 | Reece | Moles | Maldwyn Harriers | m | senior | 23.34 |
| 804 | 44 | Nicola | Davies | Thornbury RC | f | v40 | 23.35 |
| 847 | 45 | Graeme | Stringer | Merionydd | m | v45 | 23.35 |
| 848 | 46 | Chris | Hal | 7 ield | m | v35 | 23.39 |
| 849 | 47 | Jacqui | Mellor | Maldwyn Harriers | f | v40 | 23.54 |
| 833 | 48 | Rachel | Butler | Maldwyn Harriers | f | v50 | 24.20 |
| 808 | 49 | David | Jones | Denbigh Harriers | m | v60 | 24.33 |
| 817 | 50 | Lauren | Teasdale | Maldwyn Harriers | f | u20 | 24.44 |
| 811 | 51 | Andre | Hutchinson | Maldwyn Harriers | f | v45 | 24.53 |
| 818 | 52 | Jonathan | Teasdale | Maldwyn Harriers | m | u20 | 24.54 |
| 826 | 53 | John | Strange | Telford Harriers | m | v65 | 24.57 |
| 879 | 54 | Sharon | Lloyd | Maldwyn Harriers | f | v40 | 25.10 |
| 864 | 55 | Geraint | Evans | Bro Dysynni | m | v50 | 25.16 |
| 860 | 56 | Helen | Owen | u/a | f | v40 | 25.47 |
| 855 | 57 | Hollie | Wynne | Aberystwyth AC | f | senior | 25.52 |
| 850 | 58 | Sarah | Williams | Maldwyn Harriers | f | u20 | 26.02 |
| 889 | 59 | Stephen | Rowlands | u/a | m | v40 | 26.03 |
| 873 | 60 | Georgina | Fletcher | Maldwyn Harriers | f | v50 | 26.10 |
| 858 | 61 | Julie | Frost | u/a | f | senior | 26.42 |
| 842 | 62 | Jill | Hillman | Maldwyn Harriers | f | v55 | 26.44 |
| 888 | 63 | Rachel | Williams | u/a | f | senior | 26.59 |
| 822 | 64 | Alex | Austin | Maldwyn Harriers | f | u20 | 27.09 |
| 805 | 65 | Brenda | Jones | Bro Dysynni | f | v70 | 27.34 |
| 846 | 66 | Hugh | Harrison | Bro Dysynni | m | v55 | 27.38 |
| 887 | 67 | June | Jones | Maldwyn Harriers | f | v40 | 28.06 |
| 885 | 68 | JAcqui | Lloyd | Maldwyn Harriers | f | v60 | 28.14 |
| 809 | 69 | Michelle | Beeson | Maldwyn Harriers | f | v40 | 28.15 |
| 834 | 70 | Helen | Stretch | Aberystwyth AC | f | v60 | 28.31 |
| 867 | 71 | Diane | Jones | Maldwyn Harriers | f | v40 | 28.59 |
| 890 | 72 | Vanessa | Rowlands | Maldwyn Harriers | f | v40 | 29.56 |
| 807 | 73 | Marit | Evans | Bro Dysynni | f | v45 | 29.59 |
| 841 | 74 | Steve | Bryant | u/a | m | v35 | 30.01 |
| 837 | 75 | Freddie | Jones-Hoare | Devils Workshop | m | u20 | 30.04 |
| 840 | 76 | Belinda | Bryant | Maldwyn Harriers | f | v35 | 30.20 |
| 824 | 77 | Sharon | Davies | Maldwyn Harriers | f | senior | 30.23 |
| 878 | 78 | Ann | Cruse | Ludlow Runners | f | v65 | 30.41 |
| 883 | 79 | Karen | Jones | Maldwyn Harriers | f | v35 | 30.57 |
| 861 | 80 | Marilyn | Hunt | Oswestry Olympians | f | v45 | 31.39 |
| 863 | 81 | Andy | Unwin | Bro Dysynni | m | v45 | 31.54 |
| 866 | 82 | Alwena | Gentle | Maldwyn Harriers | f | v55 | 32.00 |
| 854 | 83 | Claire | Rowlands | Maldwyn Harriers | f | senior | 32.17 |
| 830 | 84 | Chloe | Foster | Maldwyn Harriers | f | u20 | 32.35 |
| 831 | 85 | Stephanie | Foster | Maldwyn Harriers | f | v45 | 33.29 |
| 834 | 86 | Carole | Phillips | Maldwyn Harriers | f | v55 | 33.29 |

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|-----|----|--------|----------|-----------------|---|--------|-------|
| 838 | 87 | Shaun | Lewis | Devils Workshop | m | u20 | 33.35 |
| 832 | 88 | Sylvia | Price | u/a | f | v40 | 36.47 |
| 852 | 89 | Jan | Powell | u/a | f | v40 | 37.10 |
| 801 | 90 | Sheila | Symonds | Bro Dysynni | f | v75 | 41.38 |
| 819 | 91 | Esyllt | Richards | Merionnydd | f | senior | 41.38 |