

Newtown 10k 2013
12th May



Overall Results

| | | | | |
|----|---------|---------|--------------------|-------|
| 1M | Gwynant | Jones | Cardiff AC | 35.48 |
| 2M | Gethin | Holland | Aberystwyth AC | 37.11 |
| 3M | Shelley | Childs | Aberystwyth AC | 37.58 |
| 1F | Heidi | Davies | Brecon | 41.03 |
| 2F | Lauren | Davies | Oswestry Olympians | 43.24 |
| 3F | Diane | Hurley | u/a | 43.43 |

Age Group Results

| | | | | |
|---------|------------|-----------|--------------------------|-------|
| Msenior | Sam | Risby | Aber Uni | 42.01 |
| MU20 | Scott | Hudspith | Aber Uni | 39.23 |
| MV35 | Phill | Bullock | Worcester AC | 38.53 |
| MV40 | Sean | Clarke | u/a | 41.25 |
| MV45 | Andrew | Davies | Thornbury RC | 38.14 |
| MV50 | Richard | Jones | Shrewsbury Athletic Club | 39.42 |
| MV55 | Ed | Davies | Maldwyn Harriers | 38.09 |
| MV60 | Barry | Wilson | Ludlow Runners | 43.18 |
| MV65 | John Gwynn | Evans | Aberystwyth AC | 46.24 |
| MV70 | | | no competitor | |
| MV75 | | | no competitor | |
| Fsenior | Jacqui | Loxham | Maldwyn Harriers | 44.44 |
| FU20 | Aby | Sampson | Aber Uni | 47.11 |
| FV35 | Bethany | Norwood | Ludlow Runners | 53.29 |
| FV40 | Jacqui | Mellor | Maldwyn Harriers | 48.28 |
| FV45 | Nicola | Rees | Bro Dysynni | 54.35 |
| FV50 | Rachel | Butler | Maldwyn Harriers | 49.07 |
| FV55 | Anita | Worthing | Aberystwyth AC | 45.36 |
| FV60 | | | no competitor | |
| FV65 | Marjorie | Griffiths | Bro Dysynni | 64.54 |
| FV70 | Brenda | Jones | Bro Dysynni | 57.04 |
| FV75 | Sheila | Symonds | Bro Dysynni | 92.25 |

Full Results

| Number | Pos | Forename | Surname | Club | Gender | Category | Time |
|--------|-----|----------|----------|--------------------------|--------|----------|-------|
| 37 | 1 | Gwynant | Jones | Cardiff AC | M | u20 | 35.48 |
| 42 | 2 | Gethin | Holland | Aberystwyth AC | M | senior | 37.11 |
| 46 | 3 | Shelley | Childs | Aberystwyth AC | M | v35 | 37.58 |
| 57 | 4 | Ed | Davies | Maldwyn Harriers | M | v55 | 38.09 |
| 21 | 5 | Andrew | Davies | Thornbury RC | M | v45 | 38.14 |
| 35 | 6 | Phill | Bullock | Worcester AC | M | v35 | 38.53 |
| 11 | 7 | Scott | Hudspith | Aber Uni | M | u20 | 39.23 |
| 23 | 8 | Richard | Jones | Shrewsbury Athletic Club | M | v50 | 39.42 |
| 20 | 9 | Heidi | Davies | Brecon | F | u20 | 41.03 |
| 55 | 10 | R | Martin | Maldwyn Harriers | M | v45 | 41.22 |
| 30 | 11 | Sean | Clarke | u/a | M | v40 | 41.25 |
| 51 | 12 | Ricky | Francis | Merionnydd | M | v35 | 41.37 |
| 12 | 13 | Sam | Risby | Aber Uni | M | senior | 42.01 |
| 17 | 14 | Adam | Runacres | Aber Uni | M | u20 | 42.03 |
| 7 | 15 | Lenny | Hughes | Maldwyn Harriers | M | v55 | 42.38 |
| 18 | 16 | Owain | Morris | Aber Uni | M | senior | 42.55 |
| 47 | 17 | Ashley | Williams | H C C | M | senior | 43.11 |
| 8 | 18 | Barry | Wilson | Ludlow Runners | M | v60 | 43.18 |
| 9 | 19 | Lauren | Davies | Oswestry Olympians | F | senior | 43.24 |
| 59 | 20 | Diane | Hurley | u/a | F | senior | 43.43 |
| 26 | 21 | Peter | Hough | u/a | M | v60 | 44.28 |

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|----|----|------------|--------------|------------------|---|--------|-------|
| 56 | 22 | Jacqui | Loxham | Maldwyn Harriers | F | senior | 44.44 |
| 33 | 23 | Peter | Crowther | Aberystwyth AC | M | v55 | 44.44 |
| 38 | 24 | Anita | Worthing | Aberystwyth AC | F | v55 | 45.36 |
| 27 | 25 | Alice | Walton | SY Tri | F | senior | 45.37 |
| 19 | 26 | Matthew | Birkett | Aber Uni | M | senior | 45.55 |
| 14 | 27 | Lisa | Branscheuer | Aber Uni | F | senior | 45.56 |
| 16 | 28 | Rhiannon | Anderson | Aber Uni | F | senior | 45.57 |
| 41 | 29 | John Gwynn | Evans | Aberystwyth AC | M | v65 | 46.24 |
| 24 | 30 | Iwan | Lloyd | u/a | M | v35 | 46.24 |
| 15 | 31 | Aby | Sampson | Aber Uni | F | u20 | 47.11 |
| 58 | 32 | Graeme | Stringer | Merionnydd | M | v45 | 47.18 |
| 36 | 33 | Alan | Ryland | Builth Wells | M | v60 | 48.16 |
| 28 | 34 | Jacqui | Mellor | Maldwyn Harriers | F | v40 | 48.28 |
| 31 | 35 | Rachel | Butler | Maldwyn Harriers | F | v50 | 49.07 |
| 22 | 36 | Nicola | Davies | Thornbury RC | F | v40 | 49.37 |
| 45 | 37 | Ken | Toop | u/a | M | v45 | 49.53 |
| 49 | 38 | Olli | Makkonen | Finland | M | senior | 51.14 |
| 62 | 39 | Sharon | Lloyd | Maldwyn Harriers | F | v40 | 52.44 |
| 13 | 40 | Charlotte | Ryan-Elliott | Aber Uni | F | senior | 53.24 |
| 10 | 41 | Bethany | Norwood | Ludlow Runners | F | v35 | 53.29 |
| 4 | 42 | Mark | Griffiths | u/a | M | senior | 53.40 |
| 53 | 43 | Melanie | Wright | Mercia | F | v40 | 53.49 |
| 34 | 44 | Nicola | Rees | Bro Dysynni | F | v45 | 54.35 |
| 44 | 45 | Helen | Williams | Aberystwyth AC | F | v50 | 54.40 |
| 40 | 46 | Nicola | Kelly | Builth Wells | F | v40 | 54.43 |
| 5 | 47 | Emma | Davies | Aberystwyth AC | F | senior | 54.57 |
| 52 | 48 | Jill | Hillman | Maldwyn Harriers | F | v55 | 56.34 |
| 32 | 49 | Mandy | Glennie | u/a | F | v45 | 56.50 |
| 25 | 50 | Brenda | Jones | Bro Dysynni | F | v70 | 57.04 |
| 6 | 51 | Sarah | May | u/a | F | v45 | 57.29 |
| 29 | 52 | June | Jones | Maldwyn Harriers | F | v40 | 57.40 |
| 48 | 53 | Piia | Makkonen | Finland | F | senior | 58.08 |
| 39 | 54 | Diane | Jones | Maldwyn Harriers | F | v40 | 60.09 |
| 43 | 55 | Nicola | Carney | Machynlleth | F | v45 | 61.37 |
| 50 | 56 | Marjorie | Griffiths | Bro Dysynni | F | v65 | 64.54 |
| 54 | 57 | Sue | Carroll | Maldwyn Harriers | F | v50 | 68.48 |
| 61 | 58 | Chloe | Foster | Maldwyn Harriers | F | u20 | 75.27 |
| 60 | 59 | Michelle | Beeson | Maldwyn Harriers | F | v40 | 75.28 |
| 1 | 60 | Sheila | Symonds | Bro Dysynni | F | v75 | 92.25 |

