



GREGYNOG TRAIL RACE (approx 4 miles)

3rd IN SUMMER RACE SERIES

Sunday 4th June 2017

Fun Run starts at 11a.m (under 9's must be accompanied by an adult)

Main Race starts at 11.30a.m (competitors must be aged 14 or over).

Please note that this course is NOT suitable for prams/wheelchairs

At

Gregynog Hall, Tregynon, SY16 3PW

Entry fees: Club Member £7.00 Unattached £9.00.

Fun Run Entry £2.00

Awards in all categories and prize to all fun runners

Please note that Gregynog Hall charges for parking so please bring sufficient change

**Entries on the day of the race or contact Carole Williams at
enquiries@maldwynharriers.org.uk (telephone: 0781 6772 617)**

We will not be responsible for any loss or injury to person or property. You confirm that you are medically fit to run and that you agree to abide by UKA laws. You must also be an amateur runner in order to take part.

Course Measurement Cert No: applied for

Permit No: NORTH R.A.C.MT-11

