

BAR-B-QUE 5K ROAD RACE AND FUN RUN

4th IN THE SERIES



FRIDAY 7th July 2017



Out and back along the River Severn

Course Measurement Cert No: *applied for*

Permit No: NORTH R.A.C.RR-38

Fun run starts at 7pm - Main race starts at 7.30pm

(Under 9's must be accompanied by an adult)

Race run under UKA Rules

(12 years and over)

Course suitable for wheelchairs and prams

VENUE: Latham Park, Newtown Football Club, SY16 1EN

First aid, showers and toilets available.

Entry fees: £7.00 Club £9.00 U/A Fun Run entry fee £2.00

Awards in all categories and prize to all fun runners

BRING THE FAMILY ALONG AND ENJOY A BAR-B-QUE

ENTRIES TO: Carole Williams

www.maldwynharriers.org.uk or enquiries@maldwynharriers.org.uk

**Please accept my entry for the Newtown BBQ 5K Race/Fun Run
on Friday 3rd July 2015**

Age Group (Please circle relevant age group)

U20 Senior V35 V40 V45 V50 V55 V60 V65 V70 V75

NAMEM/FAGE ON DAY

ADDRESS

D.O.B. TELEPHONE NUMBER

Registration Number Club

Fees: £ 6.00 Club £ 8.00 U/A Payable to Maldwyn Harriers

Fun Run entry fee £2.00

The organisers of this race will not be responsible for any loss or injury to myself or my property while I attend this event. I am medically fit to run and I agree to abide by UKA laws. I declare that I am an amateur runner.

Signed Date

Signed (Under 16's - Parent signs) Date