

# **Maldwyn Harriers**

## **Junior Club Endurance Championship**

This year we are holding an Endurance Championships for our junior members, the criteria being:

1. Athletes to compete in at least 6 of the races mentioned below.
2. Points are calculated as a percentage of the age group winner in your race.
3. 5 bonus points are given when competing for the club in a team fixture i.e. Shropshire Cross Country and North Wales Championships.
4. Age groups are under 11, under 13 and under 15 – boys and girls
5. T shirts for all who complete 6 races with prizes for age group winners.
6. Current standings will be posted in the shed, Leisure Centre, Facebook and our web page.

### **Qualifying Races**

- 1 Oswestry Shropshire Young Athletes Cross Country Races.
- 2 Bridgnorth Shropshire Young Athletes Cross Country Races.
- 3 Much Wenlock Shropshire Young Athletes Cross Country Races.
- 4 **Our Children in Need Floodlight Cross Country on Wednesday 11<sup>th</sup> November**
- 5 Packwood Haugh Shropshire Young Athletes Cross Country **Sunday 6<sup>th</sup> Dec**
- 6 North Wales Cross Country Championships **Saturday 31<sup>st</sup> January (provisional)**
- 7 Welsh Cross Country Championships **Saturday 27<sup>th</sup> February**
- 8 Chocoholics Fun run (5k for athletes of the correct age) **Friday 25<sup>th</sup> March**
- 9 Newtown 10k Fun run
- 10 Gregynog Trail Race Fun Run (main race for under 15's)
- 11 BBQ 5k Fun run (5k for athletes of the correct age)
- 12 Neil Howells Race Fun Run (main race for under 15's)
- 13 Rhayader 5k race fun run (dates and exact details to follow)
- 14 Park Hall 5k race fun run (dates and details to follow)