

Maldwyn Harriers October 2012 Update

North Wales Senior Cross-Country League, Bangor, 6th October

In atrociously heavy underfoot conditions 17-year old Gwynant Jones underlined his glowing potential by finishing 6th in the Senior Men's event in a time of 37:57. Richie Jones came 35th (second MV45) and Haydn Jones 68th from 145 finishers as Maldwyn Harriers bagged 7th place from 15 teams in division 2.

The remaining fixtures in the 2012/13 series are as follows:

20th October 2012 – Llandudno

24th November 2012 – Wrexham

12th January 2013 – Telford

3rd February 2013 – Oswestry

See www.northwalesxc.com/ for more details.



The Jones Gang (Haydn, Gwynant and Richie) at Bangor

Shropshire Young Athletes Cross Country League (Round 2), Oswestry, 7th October

In the U15 girls, Chloe Evans again impressed as she held off two fast finishing rivals to take 2nd place for the second consecutive race and so stay 2nd in the overall standings.

In the U15 boys Harry Owen was again 5th while top 20 runs by Bertie Brock (11th) and Huw Weaver (16th) meant the team finished in 3rd position.

There was controversy in the U13 boys' race where Joseph Crutchley was demoted to 2nd place despite crossing the line first, having been deemed to have blocked his opponent at the finish of a keenly fought race. With Owen Randell 14th and Kaya Saul 23rd the boys recorded 5th place in the team event. Amy Flanagan-Jones was 14th in the corresponding girls' race.

In the U11 section the boys - Oscar Crutchley (10th), Ben Randell (18th) and Amren Stephenson (27th) - were 5th placed team while the girls team of Ella Flanagan-Jones (23rd), Mary Saul (26th) and Aurora Carter (35th) came home 6th.

The next race in the series is on 18th November at Much Wenlock.

Arenig Fawr, 7th October

Paul Beeson recorded an excellent 8th place in a time of 1:06:24 in this annual fell race held near Bala. Glyn Fletcher, still nursing a foot injury, finished in 18th in a highly respectable 1:12:13. Both Paul and Glyn topped their respective age groups.

See photos of this event at www.fellrunningpictures.co.uk

Best of luck to Paul and Glyn, who are due to tackle the Snowdonia Marathon on 27th October.

Cardiff Half Marathon, 14th October 2012

Several intrepid Maldwyn souls (soles?) tried out the new Cardiff Half Marathon course in what turned out to be a record entry for the capital's premier road running event. Here's how they got on:

Sian Jones	1:55:42
Liz Williams	1:58:05
Andre Hutchinson	1:58:46
Janice Thomas	2:03:16
Diane Jones	2:16:29
Sioned Thomas	2:16:36
Janet Jones	2:30:00
Angela Owen	2:30:00

Well done, all.

UKA British Fell and Hill Relay Championships, Church Stretton, 14th October 2012

Brothers Tim and Andy Davies helped Mercia Fell RC to victory in the national Fell Relay championships.

For full results and a link to photographs go to www.merciarelays.org.uk

North Wales Senior Cross-Country League, Llandudno, 20th October 2012

Richie Jones was 28th and Haydn Jones was 68th out of 158 finishers in the second race of this winter's North Wales Senior Cross-Country League. The two-man Maldwyn team did not fare so well in the team result this time but still retain their 7th place from 15 clubs in Division 2 after two outings.

The next race in the series will be held at Ysgol Morgan LLwyd, Wrexham on 24th November. See www.northwalesxc.com/ for more details.

Mud Runner, Eastnor Castle, 21st October 2012

The Maldwyn madness for mud runs continues as several committee members and a well known Harriers dynasty tackled 7 miles of mud and river (but no obstacles on this occasion) of what is termed “brutal cross-country”, but which the afflicted still maintain is one of the most enjoyable series of events in the calendar. Hats off and a big power shower, then, to Sharon Lloyd, June Jones, Caroline Orrells, Belinda Bryant and Hillmans Jill, Paul, Becky and Tim who completed the course in fine style and who will hopefully have scrubbed up in time for the Christmas meal.

Breidden Hills Fell Race, 21st October 2012

Several Maldwyn runners were in action in this popular annual event although some, such as winner Tim Davies, 4th placed Roland Stafford and 10th placed (and 1st MV55) Ed Davies turned out for Mercia Fell Runners. Glyn Fletcher, preparing for the following week’s Snowdon Marathon finished in 26th while the indefatigable Haydn Jones, running in his second race of the weekend, came home in 38th place. Bernie Jones (55th) and Julia Ellis (118th) also did the Harriers and themselves proud.

See photos of this event at www.fellrunningpictures.co.uk

Trofeo Ezio Vanoni, Morbegno, Italy, 21st October 2012

17-year old Gwynant Jones won his first senior Wales vest at this international mountain relay event. Gwynant’s time of 33.57 for the 7,500 metre course was 14th fastest on the second leg of three and helped Wales B to 15th place out of 133 teams from Italy and across Europe, one place ahead of the first-string Welsh trio. A great performance, then, in what hopefully was the first of many senior international appearances for Gwynant.

Snowdonia Marathon, 27th October 2012

For once, this tough but highly acclaimed marathon took place in clear, dry conditions which would have at least pleased the spectators even if the runners weren't able to fully appreciate the stunning vistas. Congratulations to Glyn Fletcher who finished an excellent 35th in a very respectable time of 3:09:16 (also finishing as 2nd MV50). Paul Beeson also acquitted himself well, coming 204th from 1489 hardy finishers

BUPA Great South Run, Portsmouth, 28th October 2012

Andrew Davies took on a strong elite men's field in this the biggest 10 mile road race in the UK and finished in 20th position in a time of 50:17.

If anyone has any information about results featuring Harriers athletes or upcoming events which might be of interest to club members please get in touch with Ian Fraser at fraserman1@:hotmail.co.uk