

Maldwyn Harriers July Update

Stiperstones Fell Race, 18th July 2012

Congratulations to Gwynant Jones who finished in 3rd place in a time of 28:14, less than a minute behind winner Steve Cale of Mercia.

Ed Davies, representing Mercia on this occasion, was 6th in a time of 30:47. Both Gwynant (MU18) and Ed (M55) won their respective age categories. Meanwhile Paul Beeson was an impressive 11th place out of 94 finishers

Pen Y Fan Race, 14th July 2012

Some familiar Maldwyn names were in action at the annual race up and down the highest peak in South Wales although not all of them were representing the club on this occasion. Well done to Tim Davies (running for Mercia) who won in 34:11 ahead of fellow Welsh internationals Felipe and Andres Jones of Aberystwyth and also scooped the accolade of fastest ascent to the summit. Roland Stafford (also sporting Mercia colours) finished in 13th but clocked the quickest descent of the day in less than 9 minutes. Paul Beeson finished 19th and Glyn Fletcher was 44th out 130 runners who completed the course.

BBQ 5km, Newtown Football Club, 6th July 2012

In what is fast becoming synonymous with deluge and a distinct lack of burgers, baps and fried onions, this year's BBQ 5km again took place amidst atrocious weather which led to many "regulars" giving their apologies because of difficulties travelling. Of the 28 hardy souls who toed the starting line, Andy Davies was first home in 16:02, a fast time considering the under-foot conditions and the twisting course. David Cade (Leeds University), Dai Davies (Brecon) and Phil Bullock (Worcester) followed Andy home, proving that not all were deterred from making the journey. Yvonne Hill (Oswestry) was first woman in 14th place overall and a time of 22:25.

Full results of this race are available on the results page.